

JANUARY-JUNE 2025

# CANON || GATE





# Canongate is an independent publisher based in Edinburgh and London, publishing an eclectic mix of fiction and non-fiction.

Some of our most successful and notable books have included Yann Martel's *Life of Pi* (the best-selling Booker winner of all time), Barack Obama's *Dreams From My Father* and *The Book of Form and Emptiness* by Ruth Ozeki (winner of the Women's Prize).

For more than fifty years we've been committed to fiercely independent, high quality and innovative publishing. We've won both Independent Publisher of the Year and (twice) Publisher of the Year at the British Book Awards. We've published Nobel laureates and celebrities, political prisoners and activists.

We believe books can create joy, excite curiosity, foster empathy and change lives, so we amplify voices that need to be heard, share stories that deserve to last and, in everything we do, strive to be fair, brave and socially responsible. In 2024 we became the first UK trade publisher to be certified as a B Corporation in recognition of our positive impact on our communities, our colleagues and the world at large.

**[canongate.co.uk](https://canongate.co.uk)**

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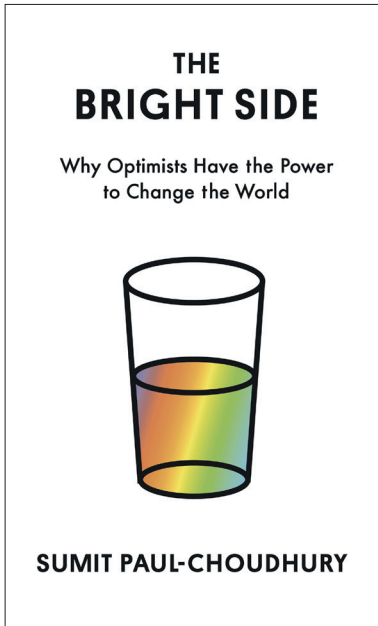
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# The Bright Side

## *Why Optimists Have the Power to Change the World*

SUMIT PAUL-CHOUDHURY

A deep dive into the power and science of optimism that will change the way you think for good, by astrophysicist-turned-journalist Sumit Paul-Choudhury

'A thrilling and galvanising ride . . . A set of operating instructions for a better future' Sally Adee

**Sumit Paul-Choudhury** is an astrophysicist-turned-journalist, former editor-in-chief of *New Scientist* magazine and has served as a judge for the Baillie Gifford Prize (then Samuel Johnson Prize), the Wellcome Prize and the Costa Book Awards. *The Bright Side* is his first book.

X @sumit @ paulchoudhury.com

*The Bright Side* makes a vital and transformative new argument: that optimism is not only the natural state of humanity, but an essential one. Without optimism we would never have survived the unpredictable – and often hostile – world we evolved into. Yet optimism is not reserved for times of extremity. Its benefits manifest throughout our everyday lives: our relationships, careers, bodies and minds. And it will play a critical role in overcoming the challenges of the twenty-first century.

In this book, Sumit-Paul Choudhury offers suggestions on what it really takes to be an optimist today and, in doing so, provides a powerful manifesto for hope and a much-needed new perspective on our prospects. He shows how, by embracing action, imagination and possibility, we can find a path to the bright side, even – perhaps especially – when the future seems dark.

Both realistic and revolutionary, *The Bright Side* is a guidebook for troubled times that will make you re-evaluate your habits and outlook.

**2 January 2025**

Hardback Non-fiction 368pp

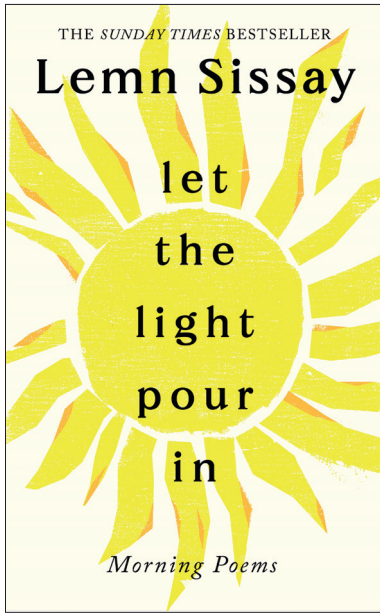
Royal HB £20  
9781838859220

Ebook £15.99  
9781838859244

Export TPB £16.99  
9781838859237

Audiobook £30  
9781838859251

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# Let the Light Pour In

LEMN SISSAY

An uplifting poetry collection from the number one bestselling author of *My Name Is Why*, Lemn Sissay OBE

THE INSTANT SUNDAY TIMES BESTSELLER  
PAPERBACK INCLUDES 12 NEW POEMS

‘Beautiful’ Fearné Cotton

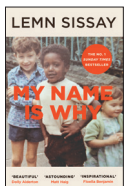
‘Wonderful’ Jackie Kay

‘A delight and a balm’ Adjoa Andoh

For the past decade, Lemn Sissay has composed a short poem as dawn breaks each morning. Life-affirming, witty and full of wonder, these poems chronicle his own battle with the dark and are fuelled by resilience and defiant joy. *Let the Light Pour In* is a collection of the best of these poems, and a book celebrating this morning practice.

**Lemn Sissay** is a BAFTA-nominated, award-winning writer and broadcaster. He has authored poetry and plays, and his memoir *My Name Is Why* was a number one *Sunday Times* bestseller. His landmark poems are visible in London, Manchester, Huddersfield and Addis Ababa. He has been made an Honorary Doctor by the universities of Manchester, Kent, Essex, Huddersfield and Brunel, and in 2019 he was awarded the PEN Pinter Prize. He received an MBE in 2010 and an OBE in 2021 for services to literature and charity. In 2023, Sissay was awarded the Freedom of the City of London. He is British and Ethiopian.

✕ [lemnsissay](#) @ [lemnsissay.com](#)



**Also by Lemn Sissay**

*My Name Is Why* £10.99  
(9781786892362)  
*Gold from the Stone* £9.99  
(9781782119456)

**2 January 2025**

Paperback Non-fiction 208pp

**A format PB £9.99**

9781837262670

**Ebook £7.99**

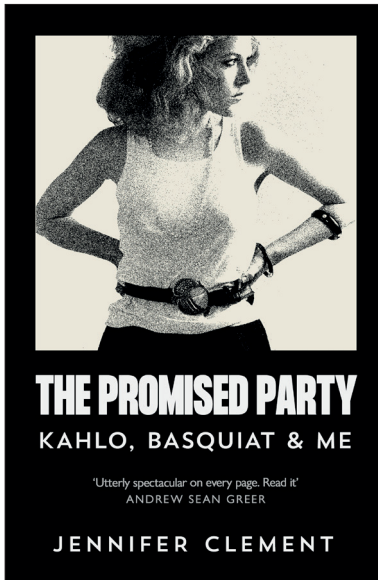
9781805301141

**Audiobook £16.99**

9781805302254

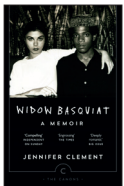
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**Jennifer Clement** is the President Emerita of PEN International and the only woman to be elected since the organisation was founded in 1921. She is the author of multiple books, including *Widow Basquiat* and *Gun Love*. Her books have been translated into more than forty languages around the world. Clement is also the recipient of many awards including the Sara Curry Humanitarian Award, the Grand Prix des Lectrices Lycéennes de *Elle* in France, a Guggenheim Fellowship, an NEA Fellowship, and her books have twice been a *New York Times* Editor's Choice.

🔗 [jenniferclement.org](http://jenniferclement.org)



Also by Jennifer Clement  
*Widow Basquiat* £10.99 (9781782114246)

# The Promised Party

## *Kahlo, Basquiat and Me*

JENNIFER CLEMENT

An ultra-vivid memoir of Jennifer Clement's early life from '60s Mexico to '80s New York City

'Clement has lived a life like no other, and made of it a shimmering mosaic, a masterpiece, which is this book' Andrew Sean Greer, Pulitzer Prize-winning author of *Less*

'A racy memoir of an arty youth' *Observer*

Growing up in 1970s Mexico City, Jennifer Clement lived next door to Frida Kahlo's house. It was a bohemian childhood, living alongside artists, communists, revolutionaries and poets, which allowed an awakening of creative freedom and curiosity about the world.

Leaving behind Latin America for the burgeoning counter-culture scene in '80s New York, Clement inhabited the world of Jean-Michel Basquiat, Keith Haring, Colette Lumiere and William Burroughs. Spanning two great cities, *The Promised Party* explores what it means to be young, free and alive.

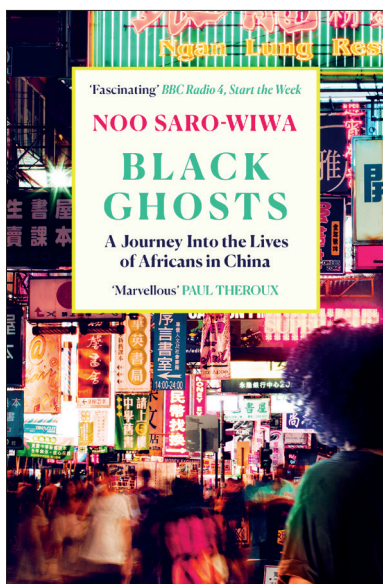
**2 January 2025**

Paperback Non-fiction 304pp

**B-fmt PB £10.99**  
9781838859305

**Ebook £8.79**  
9781838859282

**Rights:**  
W/E



# Black Ghosts

## *A Journey Into the Lives of Africans in China*

NOO SARO-WIWA

The travel memoir of a Nigerian woman in China exploring the intersections and divides between the two cultures and the lives of African economic migrants in the bustling People's Republic

**Noo Saro-Wiwa** was born in Port Harcourt, Nigeria, and raised in England. She attended King's College London and Columbia University in New York. She is an author and journalist currently working for *Conde Nast Traveller*. Her first book, *Looking for Transwonderland: Travels in Nigeria*, was published in 2012 and was named *Sunday Times* Travel Book of the Year, nominated by the *Financial Times* as one of the best travel books and included as one of the 10 Best Contemporary Books on Africa by the *Guardian*. It was also shortlisted for the Authors' Club Dolman Travel Book of the Year Award in 2013 and won the Albatros Travel Literature Prize in 2016.

✉ noosarowiwa 🌐 noosarowiwa.com

### A FINANCIAL TIMES BOOK OF THE YEAR: TRAVEL

China today is a land of opportunity for African people blocked from commerce with most of Europe and Northern America. It is also an intersection of racism and prejudice.

Noo Saro-Wiwa goes in search of China's 'Black Ghosts', African economic migrants in the People's Republic. Living in clustered communities, they are key to the trade between the continents. Her fascinating encounters include a cardiac surgeon, a drug dealer, a visa overstayer and men married to Chinese women who speak English with Nigerian accents. This is a story of intersecting cultures told with candour and compassion, focusing on the shared humanity between the sojourner and their hosts.

**2 January 2025**

Paperback Non-fiction 256pp

**B-fmt PB £10.99**

9781838856977

**Ebook £8.79**

9781838856953

**Audiobook £25**

9781838856960

**Rights:**

WxEinNigeria





# 44 Poems on Being with Each Other

*A Poetry Unbound Collection*

PÁDRAIG Ó TUAMA

From the presenter of the *Poetry Unbound* podcast comes an illuminating anthology exploring human connection through 44 poems

This celebratory anthology explores human connection through forty poems carefully curated by the host of the internationally acclaimed *Poetry Unbound* podcast.

With an observant eye, Pádraig Ó Tuama shares an enlightening meditation on each poem, revealing the ways we relate to each other, the world around us and ourselves.

Blending humour with insight, tension with tenderness, complexity with care, this collection articulates the power of poetry itself; it illuminates aspects of the human condition, particularly the ways we are inextricably linked to each other, and provides inspiration for grounded self-reflection.

*44 Poems on Being with Each Other* features a remarkable and refreshing range of exceptional poems from around the world including contributions from Mary Oliver, Wendy Cope, Constantine P. Cavafy, Chen Chen, Joy Harjo, Patricia Smith and many more. It is an anthology that will delight readers just as Pádraig's podcast has done for millions around the world.

**Pádraig Ó Tuama** is an Irish poet and theologian. Having worked in conflict resolution for many years, he now presents the podcast *Poetry Unbound* with On Being studios, which has amassed over fourteen million downloads since its launch in 2020. He splits his time between Belfast and New York City.

✕ [padraigtuama](https://twitter.com/padraigtuama)

🌐 [padraigtuama.com](https://www.padraigtuama.com)



Also by Pádraig Ó Tuama  
*Poetry Unbound* £12.99 (9781838856359)

**30 January 2025**

Hardback Non-fiction 320pp

**Demy HB £20**

9781805302582

**Ebook £15.99**

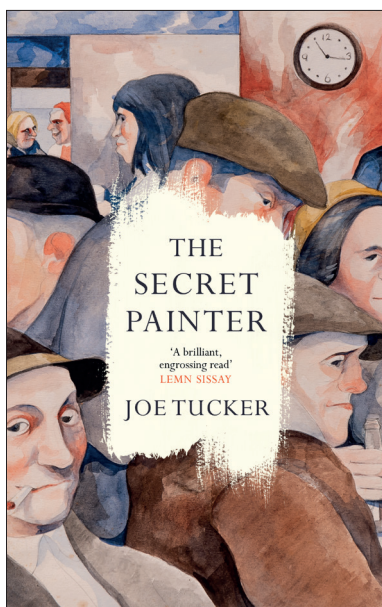
9781837261536

**Audiobook £25**

9781837261789

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# The Secret Painter

JOE TUCKER

**A true story about class and ambition, loneliness and community, success and failure; told with real heart and humour, it reminds us that the extraordinary can be found in the most unexpected places**

**'A timely reminder that art . . . [is] a way for human beings to make sense of their lives' Jarvis Cocker**

**'I loved *The Secret Painter*' Cathy Rentzenbrink**

**Joe Tucker** originally trained as an animation director before becoming a television scriptwriter. With his scriptwriting partner, Lloyd Woolf, he has created and written the BBC shows *Witless*, *Click & Collect* and *Black Ops*.

Joe Tucker's Uncle Eric was a beloved yet unconventional figure throughout Joe's life. A shambolically dressed man who lived with his mother for almost eighty years, he had an almost compulsive need to charm strangers with working men's club comedy routines, and appeared to exist only for daily trips to the bookie – and yet had also amassed over five hundred of his own remarkable paintings without anyone ever realising his achievements.

Towards the end of his life, Eric requested an exhibition of his work. As Joe and his family sorted through hundreds of paintings of street scenes, circus and theatre performers, and busy pubs, they began to ask more questions about Eric's life: why had this fanatically sociable man never left his mother's home? Had Eric ever experienced love when he painted it so beautifully? And what had driven him to create so much, yet share it so rarely?

In this touching, funny and thoughtful investigation of the nature of expression, the ownership of art and the secret life of those nearest to us, Joe Tucker brings us into his uncle's extraordinary and compelling world. Perhaps more importantly, he also brings Eric Tucker's life's work into ours.

**30 January 2025**

Hardback Non-fiction 224pp

**Demy HB £18.99**

9781805300663

**Ebook £15.19**

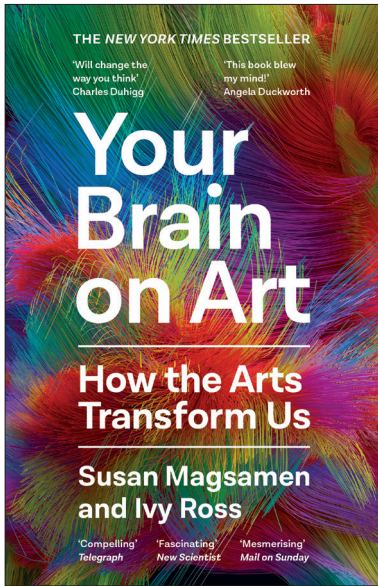
9781837261574

**Audiobook £25**

9781837261734

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# Your Brain on Art

## *How the Arts Transform Us*

SUSAN MAGSAMEN AND IVY ROSS

*A New York Times* bestseller, *Your Brain on Art* is the life-altering journey through the science of neuroaesthetics, which offers proof for how our brains and bodies transform when we participate in the arts

**Susan Magsamen** is the founder and director of the International Arts + Mind Lab, Center for Applied Neuroaesthetics at Johns Hopkins University School of Medicine, where she is a faculty member. She is also the co-director of the NeuroArts Blueprint. Susan works with both the public and private sectors using arts and culture evidence-based approaches in areas including health, child development, education, workforce innovation, rehabilitation and social equity.

**Ivy Ross** is the Vice President of Design for hardware product area at Google, where she leads a team that has won over 225 design awards. She is a National Endowment for Arts grant recipient and was ninth on Fast Company's list of the one hundred Most Creative People in Business in 2019. Ross believes that the intersection of arts and sciences is where the most engaging and creative ideas are found.

THE NEW YORK TIMES BESTSELLER

A WATERSTONES BEST BOOK OF 2023

BARNES & NOBLE'S BEST SCIENCE  
& NATURE BOOKS OF 2023

The arts can deliver potent, accessible and proven solutions for the wellbeing of everyone.

In this book, Magsamen and Ross offer compelling research that shows how engaging in an art project – from painting and dancing to expressive writing, architecture and more – for as little as forty-five minutes reduces the stress hormone cortisol, no matter your skill level, and just one art experience per month can extend your life by ten years.

*Your Brain on Art* is an authoritative guide to how neuroaesthetics can help us transform traditional medicine, build healthier communities and mend an aching planet.

**30 January 2025**

Paperback Non-fiction 304pp

**B-fmt PB £10.99**

9781805301233

**Ebook £8.79**

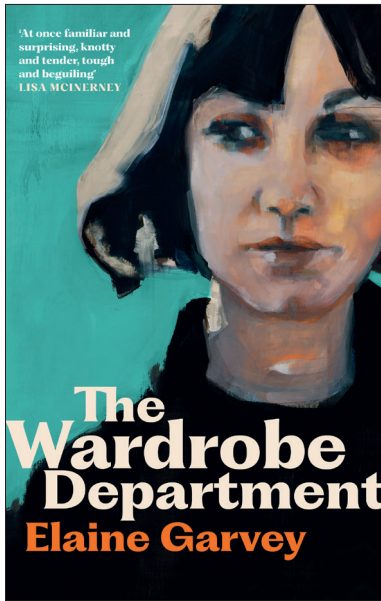
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**Audiobook £30**

9781805301240

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**Elaine Garvey** is from Co. Sligo, Ireland. She completed an M.Phil. in Creative Writing in Trinity College, Dublin, in 2000. Her short stories have been published in *The Dublin Review* and *Winter Papers*. She has worked as editorial and programme co-ordinator at *The Stinging Fly*, was awarded an agility grant for her writing and has recently been selected as a participant on a basic income scheme for artists by the Irish Department of Arts. *The Wardrobe Department* is her first novel.

# The Wardrobe Department

ELAINE GARVEY

**A stunning debut examining the ache we all feel to belong, from a major new literary talent**

'Elaine Garvey is a tremendous new talent in Irish writing – I'm certain the reader will recognise inside half a page that she's the real thing' Kevin Barry

'A gift of a novel. I felt relieved after reading it, like I had been hungry for some elusive feeling, and finally found something that hit the spot' Louise Nealon

Mairéad works all hours in a run-down West End theatre's wardrobe department, her whole existence made up of threads and needles, running errands to mend shoes, fixing broken zips and handwashing underwear. She must also do her best to avoid groping hands backstage and the terrible bullying of the show's producer.

But, despite her skill and growing experience, half of Mairéad remains in her windy, hedge-filled home in Ireland, and the life she abandoned there. In noughties London, she has the potential to be somebody completely new – why, then, does she feel so stuck? Between the bustling side streets of Soho, and the wet grass of Leitrim and Donegal, Mairéad is caught, running from the girl she was but unable to reveal the woman she'd hoped to become.

Told with rare honesty and equal measures of warmth and bite, *The Wardrobe Department* is a story about reckoning with the past, finding the courage to change the present – and asking what comes next.

**13 February 2025**

Hardback Fiction 240pp

**Demy HB £16.99**

9781805302360

**Ebook £13.59**

9781837260188

**Export TPB £14.99**

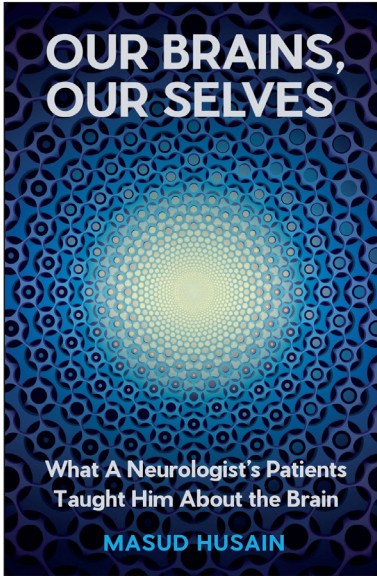
9781837260195

**Audiobook £20.99**

9781837260201

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# Our Brains, Our Selves

## *What a Neurologist's Patients Taught Him About the Brain*

MASUD HUSAIN

Leading neurologist Masud Husain shares seven fascinating and surprising cases of brain disorders from across his career – and what they can teach us about our own brains

**Masud Husain** is Professor of Neurology and Cognitive Neuroscience at the University of Oxford and Professorial Fellow at New College, Oxford. Unusually, he works across departments of neuroscience, brain imaging and psychology to understand cognitive functions in both healthy people and patients with brain disorders. Masud is Editor-in-Chief of *Brain*, a leading international journal of neurology. First established in 1878, *Brain* is widely considered to be the most influential publication in the field, with its monthly editorials being a key source of authoritative perspectives.

✕ MasudHusain @masudhusain.org

What makes us who we are? Is it our background that creates our identities? Or our families, where we lived, how we were brought up and educated, the jobs we've held? Yes, all of the above, but more fundamental than any of these is our brain.

People who develop a brain disorder can find that their identity, their sense of self, can undergo dramatic changes. Through the stories of seven of his patients, acclaimed Oxford University neurologist Masud Husain shows us how our brains create our identity, how that identity can be changed, and sometimes even be restored. Among the people we encounter is a man who ran out of words, a woman who stopped caring what others thought of her and another who, losing her memory, started to believe she was having an affair with the man who was really her husband.

These compelling human dramas reveal how our identities are created by different functions within the brain. By understanding how our brains normally function, neurologists are bringing hope to patients with brain disorders and illuminating the human experience. The resulting journey will ignite new ideas about who we really are and why we act in the ways we do.

**13 February 2025**

Hardback Non-fiction 288pp

**Royal Octavo HB £20**

9781805301059

**Ebook £15.99**

9781837260324

**Export TPB £16.99**

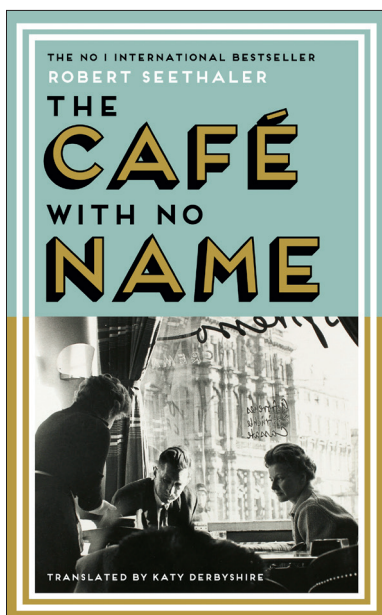
9781837260317

**Audiobook £30**

9781837260331

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# The Café with No Name

ROBERT SEETHALER

The number one international bestselling author of *A Whole Life* and *The Tobacconist* returns with a captivating historical tale set in post-war Vienna

‘How I loved this book! Filled with truth after truth, poignantly rendered and given to us with tender open-handedness. Seethaler is in his very own league, capturing a place and time that is ultimately universal’ Elizabeth Strout

**Robert Seethaler** was born in Vienna in 1966 and is the author of several novels including *A Whole Life*, which was shortlisted for the International Booker Prize, and *The Tobacconist*, which was a number one German bestseller. Originally published in 2023, *The Café with No Name* was an instant number one bestseller, spending 44 weeks on the bestseller list. His works have been translated into over 40 languages.

**Katy Derbyshire** is a Berlin-based translator. She has translated works from Christa Wolf, Inka Parei and Clemens Meyer, most notably translating Meyer’s novel *Bricks and Mortar*, which won the Straelener Prize for Translation. Meyer and Derbyshire have twice been longlisted for the International Booker Prize

It is 1966, and Robert Simon has just fulfilled his dream by taking over a café on the corner of a bustling Vienna market. He recruits a barmaid, Mila, and soon the customers flock in. Factory workers, market traders, elderly ladies, a wrestler, a painter, an unemployed seamstress in search of a job, each bring their stories and their plans for the future. As Robert listens and Mila refills their glasses, romances bloom, friendships are made and fortunes change. And change is coming to the city around them, to the little café, and to Robert’s dream.

A story of the hopes, kindnesses and everyday heroism of one community, *The Café with No Name* has charmed millions of European readers. It is an unforgettable novel about how we carry each other through good and bad times, and how even the most ordinary life is, in its own way, quite extraordinary.

**13 February 2025**

Hardback Fiction 224pp

**Demy HB £16.99**

9781837260140

**Ebook £13.59**

9781837260157

**Export TPB £14.99**

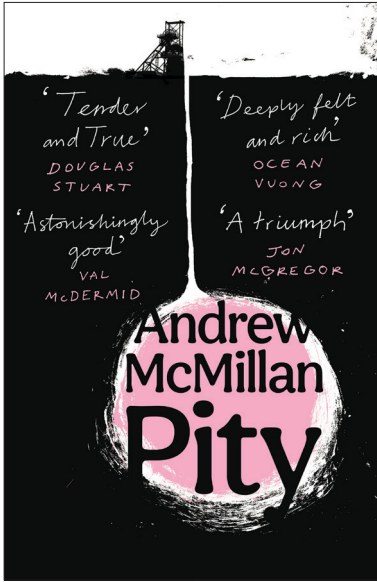
9781837260164

**Audiobook £20.99**

9781837260171

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**Andrew McMillan** was born in Barnsley in 1988. His debut collection of poetry, *physical*, won the *Guardian* First Book Award, and was awarded a Somerset Maugham Award, an Eric Gregory Award and the Aldeburgh First Collection Prize. His second collection, *playtime*, won the inaugural Polari Prize. His third collection, *pandemonium*, was published in 2021. He co-edited the anthology *100 Queer Poems* in 2022. He is Professor of Contemporary Writing at Manchester Metropolitan University and a Fellow of the Royal Society of Literature.

✕ AMcMillanPoet  
 @ andrewmcmillanpoet.co.uk

# Pity

ANDREW McMILLAN

The debut novel from award-winning poet Andrew McMillan exploring community, masculinity and post-industrialisation in Northern England

A SUNDAY TIMES BEST BOOK OF 2024

A BBC MOST ANTICIPATED BOOK OF 2024

AN INDEPENDENT BEST FICTION TO READ IN 2024

A NEW STATESMAN FICTION HIGHLIGHT OF 2024

A GUARDIAN BEST BOOK TO LOOK OUT FOR IN 2024

AN I-D FICTION HIGHLIGHT TO BE EXCITED FOR IN 2024

‘Beautiful’ Max Porter

‘Deeply felt and rich’ Ocean Vuong

Alex and Brian’s dad spent his life underground. Like so many men of his generation in Barnsley, he worked down the mines, leaving the house at the crack of dawn each day while the town slept. When the mines closed, part of the family’s history was buried too.

Simon is a new generation, Alex’s son and the first man in his family to have no memories of work underground. He has a job at a call centre, hosts weekly drag nights and has a side hustle in sex work. The times are changing, but can the town move with them?

**13 February 2025**

Paperback Fiction 208pp

B-fmt PB £9.99

9781838858988

Ebook £7.99

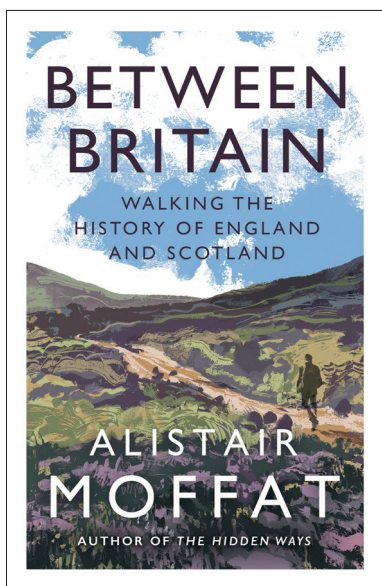
9781838858964

Audiobook £20.99

9781838858971

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# Between Britain

## *Walking the History of England and Scotland*

ALISTAIR MOFFAT

A walking tour of the border region where England and Scotland meet by the award-winning writer, meditating on a complicated, storied relationship through history

**Alistair Moffat** was born in Kelso, Scotland, in 1950. He is an award-winning writer, historian and Director of Programmes at Scottish Television, former Director of the Edinburgh Festival Fringe, and former Rector of the University of St Andrews. He is the founder of Borders Book Festival, Co-Chairman of The Great Tapestry of Scotland and the author of *The Secret History of Here: A Year in the Valley*, *The Hidden Ways: Scotland's Forgotten Roads* and *To the Island of Tides: A Journey to Lindisfarne*.

[alistairmoffat.co.uk](http://alistairmoffat.co.uk)

The border between England and Scotland is rich in history. It has been the site of battles, treaties, castles and crossroads. But it can also be a lens through which to look at the changing history and identities of these two countries.

*Between Britain* is a one-hundred-mile journey through eight centuries. It is a history book, a travelogue, a personal reminiscence and a gently prodding examination of national identity. But above all it is a celebration of a place and the people who live there.



**Also by Alistair Moffat**

*The Hidden Ways* £10.99 (9781786891037)  
*The Secret History of Here* £10.99 (9781838851149)  
*To the Island of Tides* £10.99 (9781786896346)

**13 February 2025**

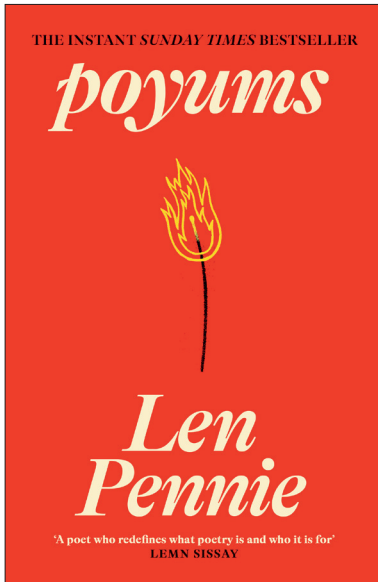
Paperback Non-fiction 320pp

**B-fmt PB £10.99**  
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**Ebook £8.79**  
 9781838854393

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**Len Pennie** is a poet who writes predominantly in the Scots language. She writes passionately about the promotion of minoritised languages, survivors of domestic abuse and the destigmatisation of mental illness.

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 🐉 [Lenniesaurus](#)

## poyums

LEN PENNIE

From Len Pennie, the performance poet sensation, comes an electric debut collection about loving, learning, surviving, growing and giving

THE INSTANT SUNDAY TIMES, THE TIMES, SUNDAY POST AND IPAPER BESTSELLER

*And I have done more than just simply get by  
 So much more than escape or survive  
 Through the galvanisation of love, time and patience  
 I'll take hold of my story and thrive.  
 After life that was seldom what life ought to be  
 Through laughter and love I'll be whole  
 This story is mine from the cover to spine  
 And the narrative I will control*

Whether she's writing letters to her younger self, advocating for women's rights or adapting fairy tales to process an abusive relationship, Len's voice is bold, unashamedly frank and unmistakably hers.

The poems in this collection, both funny and fiercely feminist, announce a formidable new talent. Moving deftly between English and Scots, *poyums* is as approachable as it is affecting.

**20 February 2025**

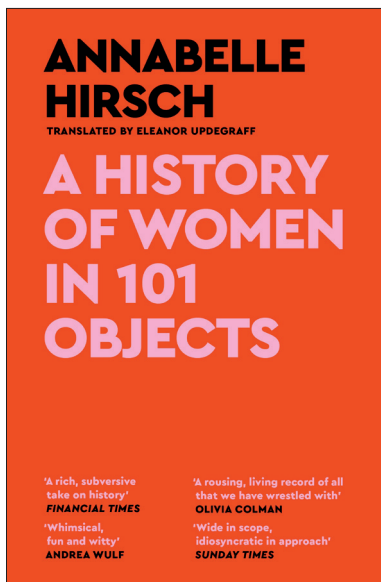
Paperback Non-fiction 160pp

**B-fmt PB £9.99**  
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**Audiobook £20.99**  
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# A History of Women in 101 Objects

*A Walk Through Female History*

ANNABELLE HIRSCH

From a hunger strike medal to a bidet, the Amazon rainforest to the plantations of South Carolina, Simone de Beauvoir to Beyoncé, this is the story of women as never seen before

**Annabelle Hirsch**, born in 1986, has German and French roots. She studied art history, dramatics and philosophy in Munich and Paris, and works as a cultural journalist for *Frankfurter Allgemeine Zeitung (FAZ)* and various other magazines. She writes short stories and translates French literature. She lives between Rome and Berlin.

**Eleanor Updegraff** was born in London and studied English Literature, German and Russian at Durham University. She is a literary translator and author, ghostwriter and editor, and reviews books for various publications online and in print. She has lived in Vienna since 2015.

A WATERSTONES BEST BOOK OF 2023

This is a neglected history. Not a sweeping, definitive, exhaustive history of the world but something quieter, more intimate and particular. A journey, picked out in 101 objects, through the fascinating, too-often-overlooked, manifold histories of women.

Open up this cabinet of curiosities and you'll find objects that have been highly esteemed and others that are humble and domestic. Some (like a sixteenth-century glass dildo) are objects of female pleasure, some (a thumbscrew) of female subjugation. There are artefacts of women celebrated by history and of women unfairly forgotten by it; examples of female rebellion and of self-revelation; objects that are inspiring, curious or (like radium-laced chocolate) just fundamentally ill-conceived. In this compendium, Annabelle Hirsch reveals a new history – teeming, unexpected, witty and always illuminating.

**27 February 2025**

Paperback Non-fiction 416pp

**B-fmt PB £14.99**

9781837260416

**Ebook £11.99**

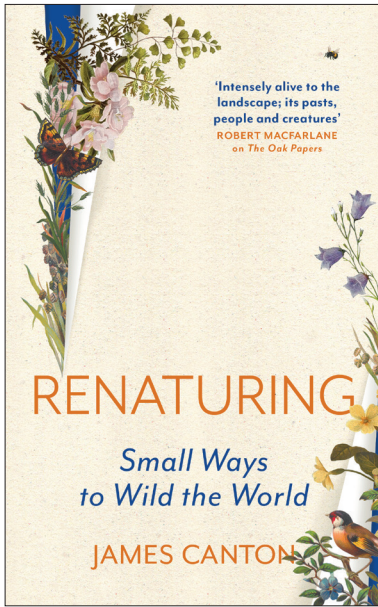
9781805300885

**Audiobook £34.99**

9781805300892

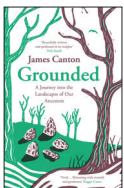
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**Dr James Canton** is Director of Wild Writing at the University of Essex. He is the author of *Grounded: A Journey into the Landscapes of Our Ancestors* (2023), *The Oak Papers* (2020), *Ancient Wonderings: Journeys into Prehistoric Britain* (2017) and *Out of Essex: Re-Imagining a Literary Landscape* (2013), which was inspired by his rural wanderings in East Anglia. He has written for the *Guardian*, reviews for the *TLS* and *Caught by the River*, and is a regular on television and radio.

✉ [jamescanton](mailto:jamescanton) @ [jrcanton](https://www.jrcanton.com)  
 🌐 [jamescanton.co.uk](http://jamescanton.co.uk)



**Also by James Canton**  
*Grounded* £10.99  
 (9781838855895)

# Renaturing

## *Small Ways to Wild the World*

JAMES CANTON

**James Canton's journey into developing an accessible and everyday approach to rewilding that can be adapted by anyone from the ambitious gardener to casual window-box owner**

Twenty years ago, James Canton moved from London to the English countryside. Behind his cottage was a small field. At first it was a site for family picnics and cricket matches with friends, but James knew that the two-acre patch of earth held more potential – as a place for nature to return and flourish.

Over a number of years, he undertook a project to 'rewild' the field: digging a pond, forging meadowlands, creating habitats for birds and insects, encouraging flowers and plants that support pollinators and wildlife. Eventually what was once just a grassy space was again buzzing with life.

The process raised some interesting questions. Rewilding is about bringing a large landscape back to a natural, self-sustaining state. But that wasn't possible on the scale of a field, a garden or a window box. What if we rethought the term? What if we aimed for 'renaturing' instead? Even on the smallest of scales we can create habitats to support a greater diversity of nature. A single window box planted with pollinator-friendly flowers can provide a mini-habitat to support honeybees; a tower block with a window box on every balcony becomes an acre of bee-friendly ecosystem.

*Renaturing* shows how the concept of rewilding can be adopted by us all. We can all make positive change, however large or small. We can all be involved in caring for and restoring the natural world.

**13 March 2025**

Hardback Non-fiction 256pp

**Demy HB £18.99**  
 9781837260393

**Ebook £15.19**  
 9781837260409

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**Warren Adler** was an author and playwright, best known for his novel *The War of the Roses* which was made into the Golden Globe and BAFTA-nominated film starring Michael Douglas, Kathleen Turner and Danny DeVito. Adler optioned and sold film rights to more than a dozen of his novels and short stories, including *Random Hearts*, which stars Harrison Ford and Kristin Scott Thomas, and *The Sunset Gang*, which stars Jerry Stiller. Adler Entertainment Trust has additionally developed and/or optioned over twenty more of his books and plays. His works have been translated into twenty-five languages. Born in Brooklyn to Russian Jewish parents, he lived in New York until his death in 2019.

# The War of the Roses

WARREN ADLER

Published for the first time ever in the UK, Warren Adler's cult classic presents the violent and comedic battle of a married couple in the midst of divorce

'Terrifying, black-humoured, black-hearted and bristling' Gillian Flynn, author of *Gone Girl*

*The War of the Roses* tells the story of the Roses, starting with their fateful meeting as students, falling in love, and creating the perfect nuclear family. Oliver, a Harvard graduate and successful corporate lawyer, has his sights set on a major promotion while Barbara, a steely self-starter, runs her own catering company, wowing the upper echelons of Washington DC society. Along with their two privileged children, grand mansion and joint hobby of visiting auction houses, the Roses seem to be the paragon of a family living the American Dream. But things then take an unexpected and shocking course.

A film remake, *The Roses*, is set to release in 2025, starring Benedict Cumberbatch and Olivia Colman.

**13 March 2025**

Hardback Fiction 272pp

**Demy HB £14.99**

9781837263608

**Ebook £11.99**

9781837263653

**Audiobook £25**

9781837263875

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## The Way

CARY GRONER

A man on the run, accompanied by a raven, a cat and a teenage girl, holds the cure to a lethal virus in this postapocalyptic road trip and quest-for-redemption novel

**Cary Groner** grew up in the Midwest and has lived primarily on the West Coast since finishing college. He worked as a journalist for many years before earning his MFA in fiction writing from the University of Arizona in 2009. His short stories have won numerous awards and appeared in venues that include *Glimmer Train*, *American Fiction*, *Southern California Review*, *Salamander*, *Sycamore Review* and *Mississippi Review*. His debut novel, *Exiles*, was published by Spiegel & Grau in 2011, and was named a *Chicago Tribune* 'favorite book' of that year. Cary lives with his wife in the San Francisco Bay area.

[carygroner.com](http://carygroner.com)

The world has been ravaged by a lethal virus and, with few exceptions, only the young have survived. Cities have been destroyed and the natural world has reclaimed the landscape in surprising ways, with herds of wild camels roaming the American West and crocodiles that glow neon green lurking in the rivers.

Against this perilous backdrop, Will Collins, the *de facto* caretaker of a Buddhist monastery in Colorado, receives an urgent and mysterious request: to deliver a potential cure to a scientist in what was once California. So Will sets out, haunted by dreams of the woman he once loved, in a rusted-out pickup truck pulled by two mules. A menacing thug is on his tail. Armed militias patrol the roads. And the only way he'll make it is with the help of a clever raven, an opinionated cat and a tough teenage girl who has learned to survive on her own.

A highly original contribution to the canon of dystopian literature, *The Way* is a thrilling and imaginative novel, full of warmth, wisdom and surprises that reflect our world in unsettling, uncanny and even hopeful ways.

**13 March 2025**

Hardback Fiction 304pp

**Demy HB £16.99**

9781837263523

**Ebook £13.59**

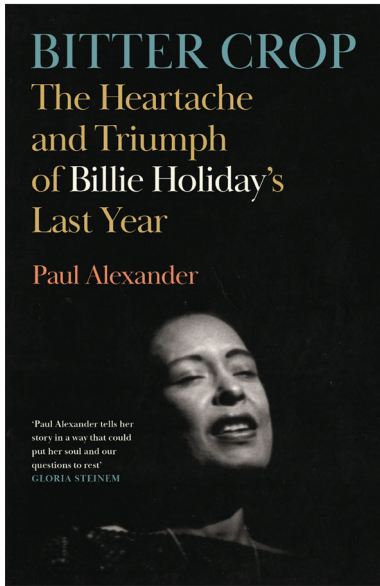
9781837263530

**Audiobook £25**

9781837263547

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**Paul Alexander** has published eight books, among them *Rough Magic*, a biography of Sylvia Plath, and *Salinger*, a biography of J. D. Salinger that was the basis of the documentary *Salinger* that appeared on PBS, Netflix and HBO. His non-fiction has appeared in numerous publications, including the *New York Times*, *Los Angeles Times*, the *Boston Globe*, *Newsday*, *New York*, the *Guardian*, *Nation*, *Washington Post* and *Rolling Stone*. He teaches at Hunter College in New York.

## Bitter Crop

### *The Heartache and Triumph of Billie Holiday's Last Year*

PAUL ALEXANDER

A revelatory look at the tumultuous life of a jazz legend and American cultural icon

'Paul Alexander tells her story in a way that could put her soul and our questions to rest' Gloria Steinem

'*Bitter Crop* shows just what lay behind that tragic, transcendent gift' *Sunday Times*

'Magnificent' *Irish Times*

*Bitter Crop* is an unconventional portrait of arguably America's most eminent jazz singer. Acclaimed biographer Paul Alexander shrewdly focuses on the last year of Billie Holiday's life – with relevant flashbacks to provide context – to evoke and examine the persistent magnificence of Holiday's artistry when it was supposed to have declined, in the wake of her drug abuse, relationships with violent men and run-ins with the law.

Relying on interviews with people who knew her and new material unearthed in private collections and institutional archives, *Bitter Crop* limns Holiday as a powerful, ambitious woman who overcame her flaws to triumph as a vital figure of American popular music.

**13 March 2025**

Paperback Non-fiction 368pp

**B-fmt PB £10.99**

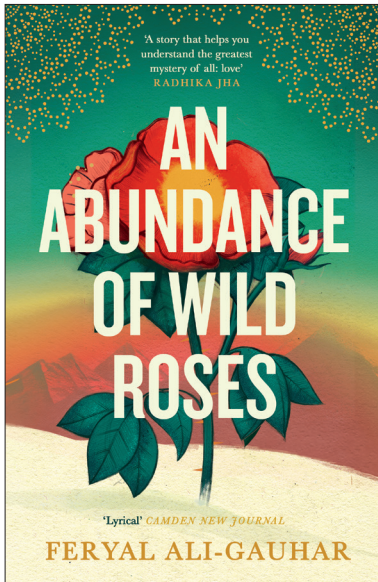
9781837262434

**Ebook £8.79**

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**Feryal Ali-Gauhar's** first novel, *The Scent of Wet Earth in August*, was a bestseller in India, her second novel, *No Space for Further Burials*, won the Patras Bokhari award and was translated into several European languages. Her third novel, *An Abundance of Wild Roses*, was written with the assistance of the Roger Deakin award for environmental activism. Ali-Gauhar has served as a United Nations Goodwill Ambassador for the Population Fund. She is an actor, film-maker, columnist, novelist, animal rights activist and currently serves as Advisor at the Water and Power Development Authority of Pakistan for cultural heritage management of Diamer Bhasha Dam.

# An Abundance of Wild Roses

FERYAL ALI-GAUHAR

**A UK debut by a critically acclaimed author – a novel that combines lyrical storytelling with urgent contemporary themes of gender violence, tradition and patriarchy**

In the Black Mountains of Pakistan, the discovery of an unconscious, unknown man is the first snowball in an avalanche of chaos. The head of the village is beset with problems – including the injured stranger – and failing to find his way out. His daughter receives a love letter and incurs her father's wrath. A lame boy foretells disaster, but nobody is listening. Trapped in terrible danger, a wolf-dog is battling ice and death to save a soldier's life. Beaten by her addict husband for bearing him only daughters, a woman is pregnant again – but can this child save her?

As the elements turn on the village, can humanity find a way to co-exist with nature that doesn't destroy either of them?

**13 March 2025**

Paperback Fiction 320pp

**B-fmt PB £9.99**

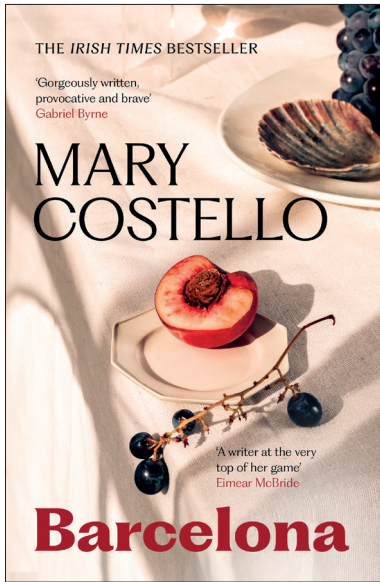
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**Ebook £7.99**

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**Mary Costello** lives in Galway. Her short story collection, *The China Factory* (2012), was nominated for the *Guardian* First Book Award and shortlisted for an Irish Book Award. Her first novel, *Academy Street* (2014), won the Irish Novel of the Year Award at the Irish Book Awards and was named overall Irish Book of the Year. *The River Capture*, her second novel, was shortlisted for Novel of the Year at the Irish Book Awards, the Dalkey Book Awards and the Kerry Group Awards.

# Barcelona

MARY COSTELLO

The *Irish Times*-bestselling short story collection from the Irish Book Award-winning author

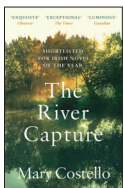
THE IRISH TIMES BESTSELLER

‘Exceptional’ John Self, *The Times*

‘It is rare that a writer of fiction can evoke such depth of feeling and visceral/moral revulsion as Mary Costello’ Joyce Carol Oates

‘Clear-eyed and provocative’ Eimear McBride

The stories in *Barcelona* reveal the underlying disquiet of modern life and the sometimes brutal nature of humanity. Whether on city streets, long car journeys or in suburban rooms, we glimpse characters as they approach those moments of desperation – or revelation – that change or reshape fate.



**Also by Mary Costello**

*The River Capture* £8.99 (9781786898043)

*Academy Street* £9.99 (9781805302339)

*The China Factory* £9.99 (9781782116011)

**13 March 2025**

Paperback Fiction 192pp

**B-fmt PB £9.99**

9781837260362

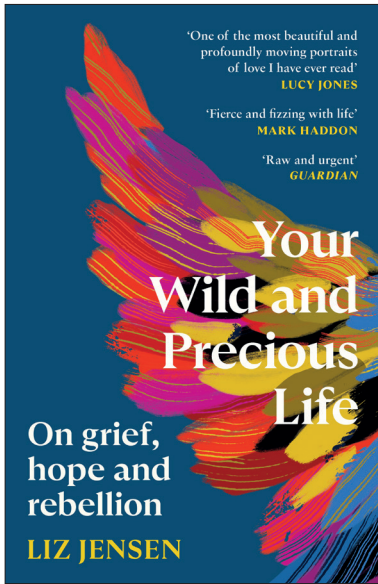
**Ebook £7.99**

9781805301868

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**Liz Jensen** is the author of eight acclaimed novels including *The Ninth*, *Life of Louis Drax* and the climate thrillers *The Rapture* and *The Uninvited*. She is a founder of the ecological campaign group *Writers Rebel* and the creator of the *Rebel Library*. She lives in Copenhagen.

✕ [LizJensenWriter](#) @ [LizJensenWriter](#)  
 🌐 [lizjensen.com](#)

**Raphaël Coleman** was a wildlife biologist and activist. He worked with wildlife sanctuaries all over the world, created the international wildlife workers' network *The Wildwork* and campaigned with *Extinction Rebellion* under the alias *Iggy Fox*. He died suddenly in February 2020 at the age of twenty-five.

🌐 [IggyFox.com](#)

# Your Wild and Precious Life

*On grief, hope and rebellion*

LIZ JENSEN

A beautiful, honest and ultimately uplifting memoir about family grief and ecological breakdown

*My son's death will never make sense to me. But it has taught me that it's possible to find meaning, collectively and individually, in the loss of what we love. And in finding them, transform. Resilience is a seed that we all bear inside us. It germinates in emergencies. It sets down roots in astonishing and unexpected ways. And if we notice it, and tend to it, it blooms.*

Liz Jensen's son, a zoologist, conservationist and ecological activist, was twenty-five when he collapsed and died unexpectedly. She fell apart. As she grieved, forest fires raged, coral reefs deteriorated, CO<sup>2</sup> emissions rose and fossil fuels burned.

*Your Wild and Precious Life* is the story of how a mother rebuilt herself, reoriented her life and rediscovered the enchantment of the living world. Set against the backdrop of climate and ecological catastrophe, it's an argument for agency, legacy and the wild possibility of hope.

**13 March 2025**

Paperback Non-fiction 240pp

**B-fmt PB £10.99**

9781837260225

**Ebook £8.79**

9781805300007

**Audiobook £25**

9781805300014

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**James Kaplan's** essays, stories, reviews and profiles have appeared in numerous magazines, including the *New Yorker*, the *New York Times*, *Vanity Fair*, *Esquire* and *New York*. His novels include *Pearl's Progress* and *Two Guys from Verona*, a *New York Times* Notable Book for 1998. His non-fiction works include *The Airport*, *You Cannot Be Serious* (co-authored with John McEnroe), *Dean & Me: A Love Story* (with Jerry Lewis), *Frank: The Voice*, and *Sinatra: The Chairman*. He lives in Westchester, New York.

## 3 Shades of Blue

*Miles Davis, John Coltrane, Bill Evans & The Lost Empire of Cool*

JAMES KAPLAN

From the *New York Times* bestseller, the story of jazz, told through the journeys of three towering artists

1959 saw Miles Davis, John Coltrane, Bill Evans, and the other members of Miles's sextet come together to record the seminal jazz album of all time: *Kind of Blue*.

*3 Shades of Blue* follows the paths of Davis, Coltrane and Evans to the mountaintop of 1959 and their roads on from there. It's a book about music and business, race and heroin, and an astonishing meditation on creativity and the strange hothouses that can produce its full flowering. But above all this is the story of three very different men – their struggles, their choices, their inspiration. The tapestry of their lives is, in James Kaplan's hands, an American Odyssey.

**13 March 2025**

Paperback Non-fiction 496pp

**B-fmt PB £12.99**

9781837260379

**Ebook £10.39**

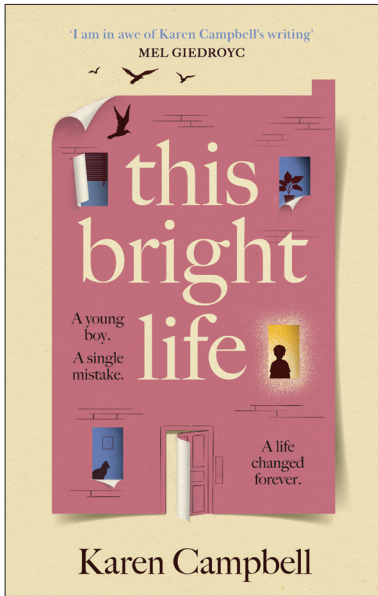
9781805302018

**Audiobook £34.99**

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# This Bright Life

KAREN CAMPBELL

The engrossing and uplifting story of a small boy born with the odds stacked against him, and the decision that alters the course of his life forever

Gerard is twelve. He hates his name, but loves flying round the streets of Glasgow on his bike, or mucking about with his gang, the Broncos. He's a bright kid, but trouble seems to follow him. No one really knows what it's like at home for Gerard; he's used to carrying a lot on his small shoulders.

Gerard doesn't always make good decisions. And on one April morning, in the blink of an eye, he makes a very bad one – one that will upend his whole world.

Now, he faces a bewildering stream of concerned adults clutching files, unfamiliar streets to navigate, a strange bed to sleep in, and the very real chance he won't see his wee brother and sister again.

Heartbreaking and yet brimful of humour, compassion and hope, *This Bright Life* is a story about messy lives, second chances and the many hands it takes to build a boy.

**Karen Campbell** is the author of nine novels. A former police officer, then Glasgow City Council press officer, she won the Best New Scottish Writer Award in 2009. She also teaches creative writing and was recently Writer in Residence at Dumfries and Galloway Council. Originally from Glasgow, she now lives in Galloway.

✉ [writerkcampbell](mailto:writerkcampbell)  
 🌐 [karencampbell.scot](http://karencampbell.scot)



Also by Karen Campbell  
*Paper Cup* £9.99 (9781838855109)

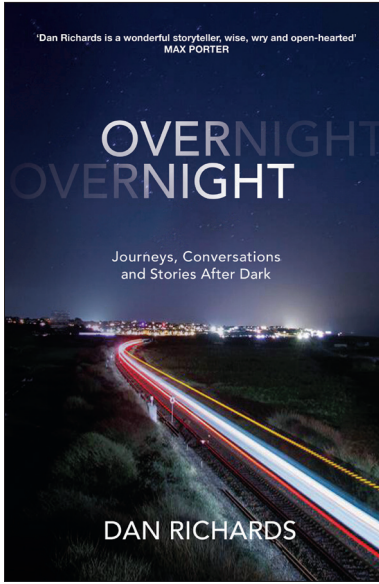
**27 March 2025**

Hardback Fiction 304pp

Royal Octavo HB  
 £16.99  
 9781837260614

Ebook £13.59  
 9781837260621

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# Overnight

## *Journeys, Conversations and Stories After Dark*

DAN RICHARDS

An exploration of night - the nocturnal world, insomnia, the creative potential of the dark hours, the work that happens at night to keep the modern world moving - by *Sunday Times* bestselling author Dan Richards

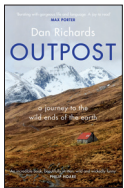
**Dan Richards** is the co-author of *Holloway* (with Robert Macfarlane and Stanley Donwood), and the author of *The Beechwood Airship Interviews*, *Climbing Days*, *Outpost* and *Overnight*. He has written for the *Guardian*, *Economist*, *Caught by the River*, *Monocle* and *Quietus*. Dan teaches creative non-fiction at the National Centre for Writing and Arvon Foundation.

✕ Dan\_Zep @ Dan\_Zep

There is something special about the night. For many, just the idea of it conjures thoughts of starlit skies, romance, refuge, of being tucked up in bed. For some, the night means fear, vulnerability, danger, sleeplessness. For others still, nightfall signals the start of work. At night things go bump, monsters hide under beds, owls take wing and foxes prowl.

*Overnight* is a celebration of all things nocturnal, of those who labour while the rest of us sleep: the bakers, health workers, sailors, couriers, broadcasters, drivers, fishers, the men and women of the emergency services and more. And it is also a hymn to nighttime wildlife, dreams and art. We'll hang out with bats and look at the stars. We'll learn what Moomintroll has to teach us about insomnia. We'll travel by ship, train, racing car and foot. There will be more than one surprise along the way.

Through a series of personal journeys Dan Richards explores what the night means to a fascinating array of people, taking us from night terrors to the glow of watching the dawn break on the summer solstice. *Overnight* will change the way you think about the hours after dark.



Also by Dan Richards  
Outpost £10.99 (9781786891570)

**27 March 2025**

Hardback Non-fiction 384pp

Royal Octavo HB £20

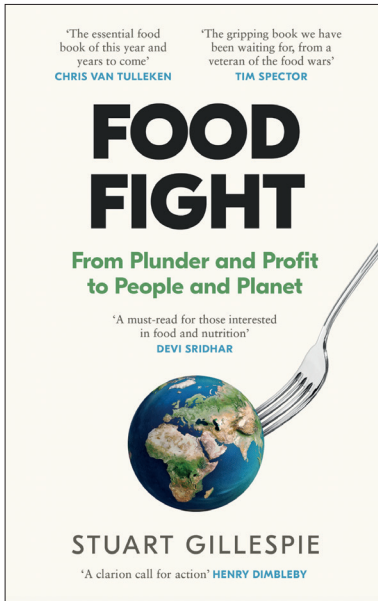
9781838857509

Ebook £15.99

9781838857516

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# Food Fight

## *From Plunder and Profit to People and Planet*

STUART GILLESPIE

*Food Fight* shows how malnutrition is enmeshed with other crises and what we can all do to turn things around

**'Scholarly, literate and deeply moving . . . Essential'**  
Chris Van Tulleken

**Stuart Gillespie** has been fighting to transform our broken food system for the past forty years. Stuart has been at the helm of the IFPRI's Regional Network on AIDS, Livelihoods and Food Security, has led the flagship Agriculture for Nutrition and Health research program, was director of the Transform Nutrition West Africa program, and founded the Stories of Change initiative, amongst a host of other interventions into public food policy. His work – the 'food fight' he has been waging – has driven change across all frontiers, from the grassroots (mothers in markets, village revolutionaries) to the political (corporate behemoths, governance).

✕ StuartGillespie16

Food is life but our food system is killing us. Designed in a different century for a different purpose – to mass-produce cheap calories to prevent famine – it's now generating obesity, ill-health and driving the climate crisis. We need to transform it into a system that can nourish all eight billion of us and the planet we live on.

In *Food Fight*, Stuart Gillespie reveals how the system we once relied upon for global nutrition has warped into the very thing making us sick. From its origins in colonial plunder through to the last few decades of neoliberalism, the system now lies in the tight grip of a handful of powerful transnationals who are playing for profit at any cost – aided by governments who let them get away with it. With his eye trained on the future and on solutions within our grasp, Gillespie also celebrates the impact of success stories from around the world, driven by remarkable citizens, social movements, policy makers and politicians. These case studies offer hope that, by organising and learning, we can build a better food future for ourselves and for our children.

Both unflinching exposé and revolutionary call to arms, *Food Fight* maps a way towards a new system that gives us hope for a future of global health and justice.

**10 April 2025**

Hardback Non-fiction 304pp

**Royal Octavo HB £20**

9781837260430

**Ebook £15.99**

9781837260461

**Export TPB £16.99**

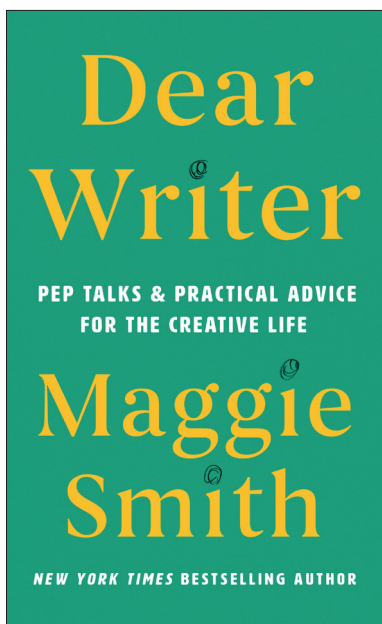
9781837260447

**Audiobook £30**

9781837260454

**Rights:**

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**Maggie Smith** is the *New York Times* bestselling author of seven books of poetry and prose, including *You Could Make This Place Beautiful*, *Good Bones*, *Goldenrod*, *Lamp of the Body*, *The Well Speaks of Its Own Poison* and *Keep Moving*. Her newest book is *My Thoughts Have Wings*, her debut picture book for children, illustrated by Leanne Hatch. Smith's poems and essays have appeared in the *New York Times*, *New Yorker*, *Paris Review*, *TIME*, *Nation*, *Atlantic* and *Best American Poetry*.

✂ MaggieSmithPoet

📧 MaggieSmithPoet

🌐 maggiesmithpoet.com



#### Also by Maggie Smith

*You Could Make This Place Beautiful* £10.99 (9781805302452)

*Goldenrod: and other poems* £9.99 (9781805302469)

## Dear Writer

### *Pep Talks and Practical Advice for the Creative Life*

MAGGIE SMITH

A collection of meditations, essays and practical tips on creativity and the craft of writing, by the *New York Times* bestselling writer

Drawing from her twenty years of teaching experience, bestselling writing career and popular newsletter, in *Dear Writer* Maggie Smith breaks down the craft of writing and creativity into ten essential elements: attention, wonder, vision, play, surprise, vulnerability, restlessness, tenacity, connection and hope.

Each element is explored through short, inspiring and focused essays on everything from writing habits to word choice, white space and redrafting. Throughout, Maggie offers practical writing prompts and generative activities that apply to the area of focus and sharpen creative skills. *Dear Writer* provides tools that artists of all experience levels can apply to their own creative practices and carry with them into all genres and all areas of life.

**10 April 2025**

Hardback Non-fiction 288pp

**Demy HB £18.99**

9781837260478

**Ebook £15.19**

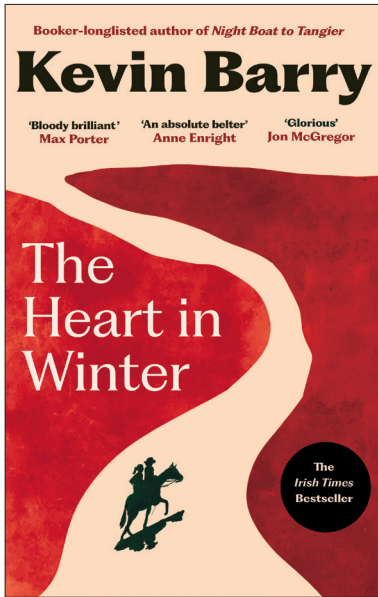
9781837260492

**Audiobook £25**

9781837260485

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# The Heart in Winter

KEVIN BARRY

*The Irish Times* Bestseller: a savagely funny, achingly beautiful tale set in the Wild West, from the Booker-longlisted author of *Night Boat to Tangier*

AN I-PAPER AND SUNDAY TIMES BOOK TO READ THIS SUMMER

PICKED AS A BOOK TO LOOK OUT FOR IN 2024 BY GUARDIAN, NEW STATESMAN, OBSERVER AND IRISH TIMES

**Kevin Barry** is the author of four novels and three story collections. His awards include the IMPAC Dublin Literary Award, the Goldsmiths Prize, the *Sunday Times* EFG Short Story Award and the Lannan Foundation Literary Award. His stories and essays have appeared in the *New Yorker*, *Granta* and elsewhere. His novel, *Night Boat to Tangier*, was an Irish number one bestseller, was longlisted for the Booker Prize and named one of the Top Ten Books of the Year by the *New York Times*. He also works as a playwright and screenwriter, and he lives in County Sligo, Ireland.

**'An absolute belter of a book'** Anne Enright

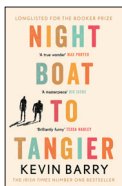
**'Holy damn, it's good'** David Mitchell

**'A violent, extravagant adventure set in 1890s Montana . . . [Barry's] thrilling best'** *The Times*

*He was ready to die for love. He just needed to find the right girl.*

October, 1891. Tom Rourke is a poet struggling to make a life amongst the Irish migrant workers in Butte, Montana. He is a dooper and a drinker and a fearsome degenerate. His life is heading nowhere fast. That is until he meets Polly Gillespie, the new bride of a devout mine captain, and a thunderbolt love affair takes spark.

Tom and Polly strike out west on a stolen horse. But a posse of deranged Cornish gunmen are in hot pursuit of the lovers, and closing in fast . . .



**Also by Kevin Barry**

*Night Boat to Tangier* £9.99 (9781782116202)

*Beatlebone* £9.99 (9781782116165)

**10 April 2025**

Paperback Fiction 224pp

**B-fmt PB £9.99**

9781837260799

**Ebook £7.99**

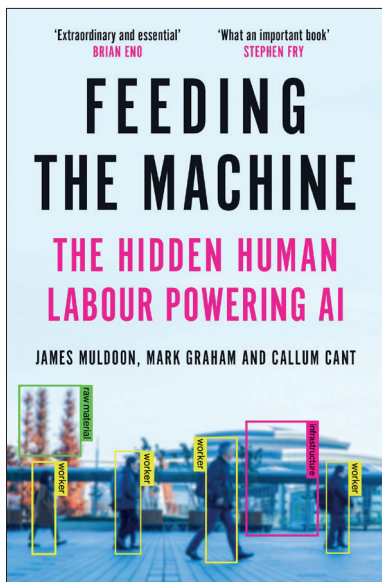
9781837261512

**Audiobook £25**

9781837261703

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**James Muldoon, Mark Graham** and **Callum Cant** work together at Fairwork, a project established to highlight the best and worst examples of how new technologies are being used in the workplace.

**James Muldoon** is a Reader in Management at the University of Essex, a Research Associate at the University of Oxford and the Head of Digital Research at the Autonomy think tank.

**Mark Graham** is Director of Fairwork and Professor at the Oxford Internet Institute, University of Oxford. He has also written for publications including *Wired* and the *Guardian*.

**Callum Cant** is a Senior Lecturer at the University of Essex Business School. He has written for publications including the *New Internationalist* and *Vice News*. He edits *Notes from Below*, a journal of worker writing.

# Feeding the Machine

## *The Hidden Human Labour Powering AI*

JAMES MULDOON, MARK GRAHAM AND CALLUM CANT

*Feeding the Machine* examines the latest global technology through the eyes of the people who produce it: this is the story of the army of underpaid and exploited workers powering artificial intelligence

'The most important book to be written in the current fever of AI publishing' Stephen Fry

'Extraordinary and essential' Brian Eno

Big Tech has sold us the illusion that artificial intelligence is a frictionless technology that will bring wealth and prosperity to humanity. But hidden beneath this smooth surface lies the grim reality of a precarious global workforce of millions that labour under often appalling conditions to make AI possible.

*Feeding the Machine* presents an urgent, riveting investigation of the intricate network of organisations that maintain this exploitative system, revealing the untold truth of AI. Based on hundreds of interviews and thousands of hours of fieldwork over more than a decade, this book shows us the lives of the workers often deliberately concealed from view and the systems of power that determine their future.

**10 April 2025**

Paperback Non-fiction 320pp

**B-fmt PB £10.99**

9781837261840

**Ebook £8.79**

9781837261826

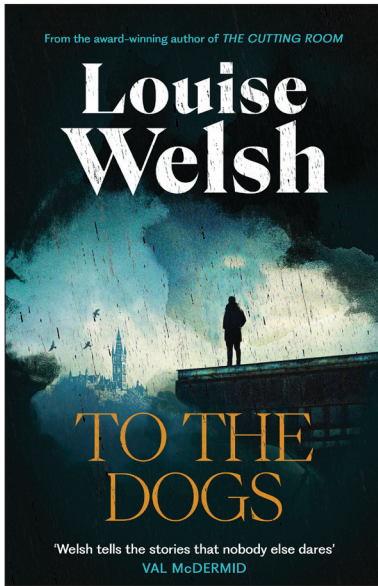
**Audiobook £30**

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**Louise Welsh** is an award-winning author of ten novels. *The Cutting Room*, her debut novel, won the Crime Writers' Association John Creasey (New Blood) Dagger Award and the Saltire First Book of the Year Award. In 2018, she was named the Most Inspiring Saltire First Book Award winner by public vote. She is Professor of Creative Writing at the University of Glasgow. In 2022 she published *The Second Cut*, which was shortlisted for the Bloody Scotland McIlvanney Prize for Crime Book of the Year and named by *The Times* as their Crime Book of the Year.

✉ [louisewelsh00](mailto:louisewelsh00)



**Also by Louise Welsh**

*The Cutting Room* £8.99 (9781838850906)

*The Second Cut* £9.99 (9781838850890)

# To the Dogs

LOUISE WELSH

From the award-winning writer of *The Cutting Room*, a novel exploring organised crime, institutional corruption and moral compromise in Glasgow

'A gripping amorality tale' *The Times*

'Propulsive . . . *To the Dogs* confirms Welsh's position in the very top tier of Scottish novelists, whatever the genre' Doug Johnstone, *Big Issue*

'I simply could not put it down' Alex Gray

Jim Brennan is flying high. Against all odds, he is a big man at Glasgow's prestigious university, tipped for the head job and an office at the top of the ivory tower. Not bad for the son of a hardman who grew up in a room and kitchen.

When his son Elliot is arrested on drugs charges, Jim is approached by men he thought he had left safely in his past. Their demands threaten his family, students and reputation. The question is, how far will Professor Jim Brennan go to save the life he built?

**10 April 2025**

Paperback Fiction 336pp

**B-fmt PB £9.99**

9781838859855

**Ebook £7.99**

9781838859831

**Audiobook £25**

9781838859848

**Rights:**

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**Alice Vincent** is a writer. She is the author of four books, including *Why Women Grow* and *Rootbound: Rewilding a Life*, both longlisted for the Wainwright Prize and named as ‘Books of the Year’ by the *Financial Times*, *Independent*, *Stylist* and others. Alice is a columnist for the *Guardian* and *New Statesman* and writes for titles including *Vogue*, *Financial Times* and the *Sunday Times*. She writes *savour*, a newsletter dedicated to the delicious things in life, and hosts the *Why Women Grow* and *In Haste* podcasts. She lives in South London.

@alicevincentwrites ✉ alice\_emily



**Also by Alice Vincent**  
*Why Women Grow* £10.99 (9781838855468)

# Hark

## *How Women Listen*

ALICE VINCENT

**As the world grows ever noisier, Alice Vincent – twice Wainwright Prize-longlisted author of *Why Women Grow* – returns with a journey into sound that will ring true for many women**

We’re told women are good at listening, but we rarely examine what they’re listening to, what their worlds sound like, or how it feels to be expected to listen in a world of noise made by men.

Like so many of us, Alice Vincent had become overwhelmed by the sensory overload punctuating our every moment. And then, a baby’s heartbeat arrived. A rapid, pulsing whoosh of white noise. An undeniable rhythm. Once again, Alice’s life became cacophonous – both with a new child, but also with the societal pressures that motherhood holds.

What followed was a personal quest to rediscover sound as something alive and vital and restorative. Beyond music, Alice’s journey takes her into new corners of listening: from the phantom crying heard by mothers across the world to the nightingale’s song and the crackle of the *Aurora Borealis*. As our attention spans shrink and our sense of disconnection grows, Alice wants to find out if sound – seeking it, trying to hold on to it, making space for it in her life – can reconnect her not only to lost parts of herself but to a life more consciously lived. *Hark* is a book for women who feel unheard and a means of listening more deeply in a world that has grown too loud.

**24 April 2025**

Hardback Non-fiction 304pp

**Demy HB £18.99**

9781805302063

**Ebook £15.19**

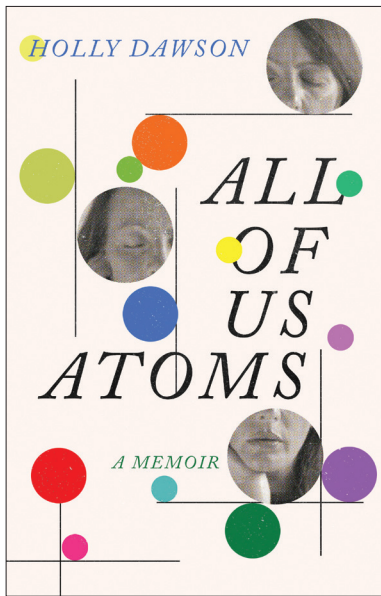
9781837260775

**Audiobook £25**

9781837260782

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**Holly Dawson** is a writer, editor and creative writing tutor, who lives in rural Sussex with far too many hens. Since 2018, she has been Reader-in-Residence at Charleston, where she gets to indulge her passion for Virginia Woolf and Modernist literature. Her plays, drawing on Bloomsbury diaries and letters, have been performed by actors including Helena Bonham Carter, Jonathan Pryce, Miranda Richardson, Joanna Scanlon and Tobias Menzies. She is a researcher for Letters Live, and writes for commercial clients including IKEA. Her feature for the BBC about home received more than three million reads and led to a radio documentary, while her creative writing has been published by magazines including *PANK*, *Short Fiction* and *Field*.

✕ hollyjdawson @ hollyjdawson.com

# All of Us Atoms

## A Memoir

HOLLY DAWSON

An urgent and profound excavation of the self, Holly Dawson's *All of Us Atoms* is a stunning memoir of the moments of becoming that form a life, heralding the arrival of a major new literary voice

*You tell me we are made of seven billion billion billion atoms. I can feel every one of them as I write this all down. It's a rush to feel that, like falling in love. Remembering is like falling in love with you, with us, again and again.*

Faced with the possibility of losing her mind, a young mother urgently sets about recording her life. Using a series of archetypes – mother, daughter, dancer, lover, girl – she explores her childhood and adolescence, her family legacies, the places that made her, the joys and struggles of raising two children on her own, her fears, dreams and most intimate desires.

Her purpose is twofold: to understand how the pieces of a life come to make a whole, and to leave something behind for her two sons. The result is a powerful memoir that serves as a manual to live by – and a brilliant exploration of what gets passed down from one generation to the next.

**8 May 2025**

Hardback Non-fiction 208pp

**Demy HB £18.99**

9781805301479

**Ebook £15.19**

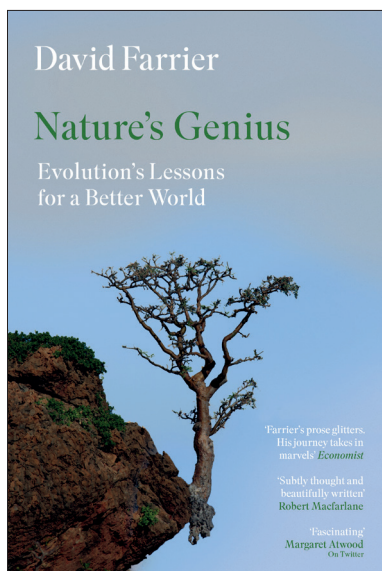
9781837260072

**Audiobook £27.99**

9781837263868

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**David Farrier** is Professor of Literature and the Environment at the University of Edinburgh. David's first book, *Footprints: In Search of Future Fossils*, looked at the marks we are leaving on the planet and how these might appear in the fossil record in the deep future. It was named by both *The Times* and *Telegraph* as a book of the year, earned praise from Robert Macfarlane and Margaret Atwood, and has been translated into ten other languages. He has had pieces published in the *Atlantic*, *BBC Future*, *Emergence*, *Prospect*, *Daily Telegraph*, *Orion* and *Washington Post*. He has spoken at numerous online events, has given an invited lecture at the Royal Geographical Society, and has appeared on radio and podcasts such as *BBC Free Thinking* and *Little Atoms*.

✕ [David\\_Farrier](#)

# Nature's Genius

## *Evolution's Lessons for a Better World*

DAVID FARRIER

This is the remarkable and mind-expanding story of how we shape the lives of animals and plants – and how they shape us – by Professor David Farrier

For nearly four billion years, life on Earth has found new ways to adapt, reproduce and thrive, taking on new forms to meet the environment of the moment. Human impact on the planet, and the potentially devastating threat of climate change, have stressed that adaptability as never before. Yet life still finds a way. Animals, plants and insects rise to the challenge and are still adapting, reproducing and thriving, even in our rapidly transforming environment. In their example we may just find ways that we too can adapt, ways to stop the destruction we're causing to the planet.

In *Nature's Genius* David Farrier takes us on a profound journey into this ever-changing natural world. What we discover could change us. The ways animals adjust to the urban landscape can help us design sustainable cities. Examining other intelligences can help us remake our economies. Learning from bacterial evolution may help solve our waste problem. Synthetic biology could rescue animals from the brink of extinction. Thinking in timescales of the natural world could help us choose a better future.

As life on Earth changes, the question is can we change too? Can we remake the world to be fit for all life to thrive once more?

**8 May 2025**

Hardback Non-fiction 320pp

**Royal Octavo HB £20**

9781837260539

**Ebook £15.99**

9781837260553

**Export TPB £16.99**

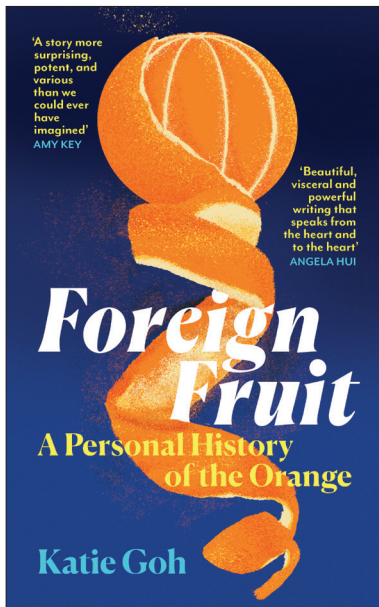
9781837260546

**Audiobook £25**

9781837260560

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# Foreign Fruit

## *A Personal History of the Orange*

KATIE GOH

**A hauntingly beautiful hybrid memoir that uses the journey and cultivation of a single fruit – the orange – to reckon with the author’s own identity**

*The morning after a white man murdered six Asian women, I ate five oranges. They were not dainty tangerines or pretty satsumas or festive clementines. These were unwieldy, bulging oranges, pock-marked and rind-covered fistfuls of flesh. I ate them all until my body ached.*

In this distinct, subversive and intimate hybrid memoir, Katie Goh explores the orange as a means of understanding the world, and herself within it. What she finds is a world of violence, colonialism, resilience, survival, adaptation – and of unexpected beauty and sweetness against all odds. The orange’s odyssey parallels Katie’s search for her own heritage and, drawing on her family history as well as extensive travel and research, she follows it from east-to-west and west-to-east – from Longyan, China, to the Malaysian capital of Kuala Lumpur and the groves of California.

*Foreign Fruit* dissolves the boundaries between social history, self and object. It reminds us that sometimes the humblest object can be capable of changing our lives and highlights our responsibility for the ways in which we tell history. Above all, *Foreign Fruit* shows how we all change over time – migrating, diversifying, integrating and branching out – to remind us of our shared roots.

**Katie Goh** is a writer and editor at *gal-dem* and *Extra Teeth* literary magazine. She writes about culture and social issues for publications including *i-D*, the *Guardian*, *Independent*, *VICE*, *Huck*, *Nylon*, *Dazed* and *Crack*. Her writing has been shortlisted for BBC Scotland and Wigtown Book Festival’s Anne Brown Essay Prize, PPA Scotland’s Young Journalist of the Year Award and the University of Glasgow’s Kavya Prize. Katie became a member of the UK Critics Circle in 2020 and her book of essays *The End: Surviving the World Through Imagined Disasters* was a Reviewer’s Choice for *The Big Issue*’s Independent Books of 2021 and shortlisted for the inaugural Kavya Prize in 2022. She currently lives in Edinburgh.

✕ johnnys\_panic @katie\_goh\_  
 @katiegoh.co.uk

**8 May 2025**

Hardback Non-fiction 256pp

**Demy HB £16.99**

9781805301738

**Ebook £13.59**

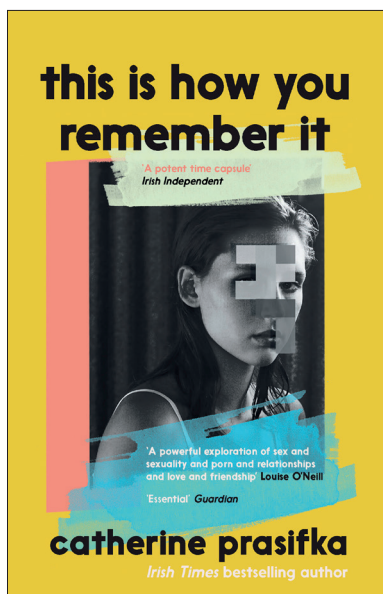
9781837260591

**Audiobook £25**

9781837260607

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**Catherine Prasifka** was born in Dublin. Her debut novel, *None of This Is Serious*, was an *Irish Times* bestseller and was picked as 'one to watch' for 2022 by the *Irish Times*, *Stylist* and the *Irish Independent*. She holds a BA in English Literature from Trinity College Dublin, an MLitt in Fantasy Literature from the University of Glasgow and an MA in Irish Folklore and Ethnology from University College Dublin. In 2024, Catherine was appointed as Writer Fellow at Trinity College Dublin.

@prasifcat



Also by Catherine Prasifka  
*None of This Is Serious* £9.99 (9781838855536)

## This Is How You Remember It

CATHERINE PRASIFKA

A potent and compulsive novel about the dangers of growing up online, from the author of the Irish Book Awards-nominated *None of This is Serious*

You're nine when you get your first computer. It's not long before you discover porn. You don't know what you're watching, but you do know that you shouldn't tell anybody.

Later, older, your first kiss is captured on camera and shared with everyone in your year. Part of the incessant cycle of posting, sharing and liking.

Now, you can't remember a time when you didn't feel hollow inside. Now, you know that something has to change.

Chilling, potent and intensely intimate, *This Is How You Remember It* is about a life lived online, and about finding another way, when it's all you've ever known.

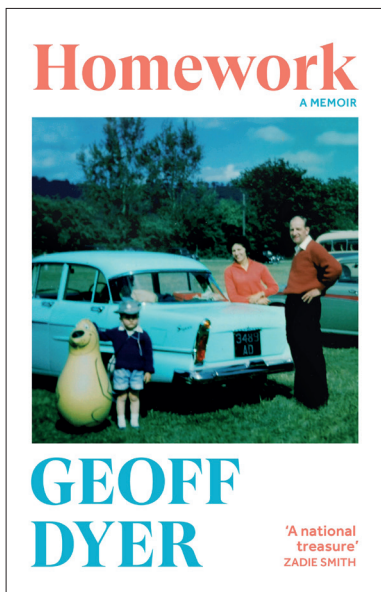
**8 May 2025**

Paperback Fiction 288pp

**B-fmt PB £9.99**  
 9781837260584

**Ebook £7.99**  
 9781837261468

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# Homework

## *A Memoir*

GEOFF DYER

The first memoir from Geoff Dyer, author of *Yoga for People Who Can't Be Bothered to Do It*

'Moving, atmospheric, truthful, perceptive and hilariously funny – I loved it: a piece of our English history, the story of a vanished time, which feels close at hand but thoroughly gone. What a story. What a great story' Tessa Hadley

PRAISE FOR GEOFF DYER

'A national treasure' Zadie Smith

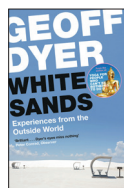
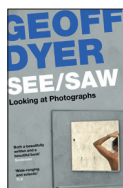
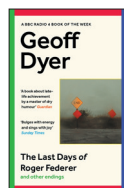
'Dyer is the Rembrandt of the Red Herring, the Dostoevsky of the Digression, the Shakespeare of the Sidetrack' Craig Brown, *Mail on Sunday*

'A true original' William Boyd

In *Homework*, Geoff Dyer reflects on his childhood and what it means to come of age in England in the '60s and '70s, in a country shaped by the aftermath of the Second World War but accelerating towards change.

**Geoff Dyer** is an award-winning author of four novels and numerous non-fiction books, including *Out of Sheer Rage*, *Yoga for People Who Can't Be Bothered to Do It*, *Zona* and, most recently, *The Last Days of Roger Federer*. A fellow of the Royal Society of Literature and a member of the American Academy of Arts and Science, Dyer lives in Los Angeles, where he is Writer in Residence at the University of Southern California. His books have been translated into twenty-four languages.

@geoffdyer.com



### Also by Geoff Dyer

*The Last Days of Roger Federer* £10.99 (9781838855772)

*White Sands* £10.99 (9781782117421)

*See/Saw* £12.99 (9781838852115)

**22 May 2025**

Hardback Non-fiction 288pp

Royal Octavo HB £20

9781837261987

Ebook £15.99

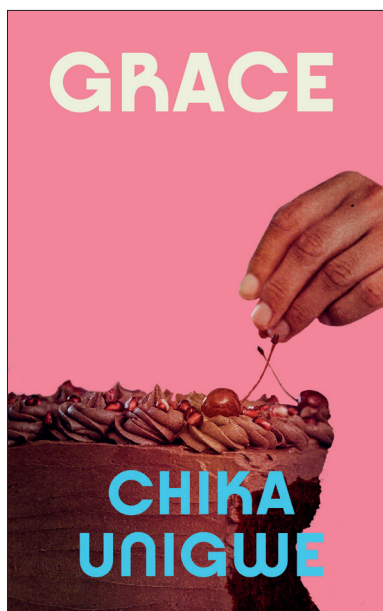
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Audiobook £30

9781837262007

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**Chika Unigwe** is Professor of Creative Writing at Georgia College and the author of several celebrated works of fiction including *On Black Sisters' Street*, which won the NLNG Prize for Literature, and most recently the short story collection *Better Never Than Late* and the novel *The Middle Daughter*.

✕ [chikaunigwe](#) @ [chikaunigweauthor](#)  
 🌐 [chikaunigwe.com](#)

## Grace

CHIKA UNIGWE

**A novel about a young successful woman in Nigeria whose life threatens to come apart if the secrets of her past are suddenly revealed**

It is Baby's birthday, but Grace hasn't seen her first born in twenty-six years. Today, Grace has a husband, twin daughters, her own clinic and a secret that threatens to ruin her life.

When Grace was only fifteen, she got pregnant and had to give up the baby under pressure from her parents. She has never forgiven them. This lifechanging event is what propelled her to open her own somewhat ethical baby farm clinic, but it is also what eats at her year by year. Now, the mother she claimed was dead suddenly arrives at her family home and all that Grace has carefully built begins to unravel.

Will Grace's husband and their twin daughters forgive her for the secret she has hidden from them all this time? Would Grace forgive herself? And would Baby, if she were to be found, accept her back, as a mother?



Also by Chika Unigwe  
*The Middle Daughter* £9.99 (9781838857936)

**22 May 2025**

Hardback Fiction 320pp

**Demy HB £16.99**

9781837261918

**Ebook £13.59**

9781837261932

**Export TPB £14.99**

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# All Fours

MIRANDA JULY

From the *New York Times* bestselling author of *The First Bad Man*, an irreverently sexy, tender, hilarious and literary novel about a woman upending her life

**Miranda July** is a writer, filmmaker and artist. Her most recent book is *The First Bad Man*, a novel. July's collection of stories, *No One Belongs Here More Than You*, won the Frank O'Connor International Short Story Award and has been published in twenty-three countries. Her writing has appeared in the *Paris Review*, *Harper's*, and the *New Yorker*; *It Chooses You* was her first book of non-fiction. She wrote, directed and starred in *The Future and Me* and *You and Everyone We Know*, which won the *Caméra d'Or* at the Cannes Film Festival and a Special Jury Prize at Sundance. In 2020 she debuted her third feature film, *Kajillionaire*. July lives in Los Angeles.

@ mirandajuly [mirandajuly.com](https://www.mirandajuly.com)

**A BEST SUMMER READING PICK FOR THE TIMES, THE DAILY MAIL, THE FT AND THE GUARDIAN**

**A 2024 BOOK OF THE YEAR PICK FOR BBC R4 OPEN BOOK, THE OBSERVER, GQ, GRAZIA, HERO, I-D, NYLON**

A semi-famous artist announces her plan to drive cross-country from LA to NY. Thirty minutes after leaving her husband and child at home, she spontaneously exits the freeway, beds down in a nondescript motel and immerses herself in a temporary reinvention that turns out to be the start of an entirely different journey.

Miranda July's second novel confirms the brilliance of her unique approach to fiction. With July's wry voice, perfect comic timing, unabashed curiosity about human intimacy and palpable delight in pushing boundaries, *All Fours* tells the story of one woman's quest for a new kind of freedom. Part absurd entertainment, part tender reinvention of the sexual, romantic and domestic life of a 45-year-old female artist, *All Fours* transcends expectations while excavating our beliefs about life lived as a woman. Once again, July hijacks the familiar and turns it into something new and thrillingly, profoundly alive.



### Also by Miranda July

*No One Belongs Here More Than You* £9.99 (9781782116295)

*The First Bad Man* £9.99 (9781838852740)

**22 May 2025**

Paperback Fiction 336pp

**B-fmt PB £9.99**

9781838853488

**Ebook £7.99**

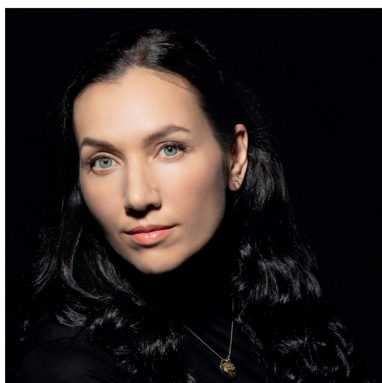
9781838853464

**Audiobook £25**

9781838853471

**Rights:**

UKCWxC,neEU



# The Dry Season

MELISSA FEBOS

From the bestselling author of *Girlhood*, an examination of Melissa Febos's year of celibacy. A wise and transformative look at relationships and self-knowledge

**Melissa Febos** is the author of four books, including *Whip Smart*, *Abandon Me*, *Girlhood* – which was a national bestseller and won the National Book Critics Circle Award in Criticism – and *Body Work: The Radical Power of Personal Narrative*, which was also a national bestseller and an *LA Times* bestseller. Her awards and fellowships include those from the Guggenheim Foundation, LAMBDA Literary, National Endowment for the Arts, British Library, Black Mountain Institute and others. Her work has appeared in the *Paris Review*, *New Yorker*, *Guardian*, *Granta*, *Sun*, *New York Times Magazine*, *Best American Essays*, *Vogue* and *New York Review of Books*. Febos is a professor at the University of Iowa and lives in Iowa City with her wife, the poet Donika Kelly.

📧 [melissafebos](mailto:melissafebos) 🌐 [melissafebos.com](http://melissafebos.com)

In the wake of a disastrous two-year relationship, Melissa Febos decided to take a break – for three months she would abstain from dating, relationships and sex. Her friends were amused. Did she really think three months was a long time? But to Melissa, it was. Ever since her teens, she had been in one relationship or another. It was time to focus on herself and examine the lifelong patterns that had produced her midlife disaster. When those three months ended, she decided to extend her celibate period. She knew she was taking on a challenge but had no idea that this year would become the most fulfilling and sensual of her life.

No longer defined by her romantic pursuits, Melissa learned to relish the delights of solitude, the thrill of living on her own terms, the sensual pleasures unmediated by lovers and the freedom to pursue her ideals without distraction or guilt. By abstaining from all forms of romantic entanglement, Melissa began to see her life and her self-worth in a radical new way. Her year of divestment transformed her relationships with friends and peers, her work, creativity – and most of all her relationship to herself.

*The Dry Season* is a memoir of Melissa's year of celibacy, but it is ultimately a profound exploration of independence, sexuality and deep self-knowledge.

**5 June 2025**

Hardback Non-fiction 256pp

**Demy HB £16.99**

9781837260096

**Ebook £13.59**

9781837260102

**Audiobook £25**

9781837260119

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# Life Cycle of a Moth

ROWE IRVIN

**A visceral, bold and devastating debut novel exploring male violence and maternal love, and what it means to create a space of refuge**

**Rowe Irvin's** writing has been published by Prototype, Dancing Bear Books, the Oxford Review of Books and the Bristol Poetry Institute. She recently released an artist's book limited edition of narrative poems in collaboration with the painter Georg Wilson. She has been shortlisted for the Bridport Poetry Prize and the Bath Short Story Award, and longlisted for the Alpine Fellowship Writing Prize, the Fish Anthology Poetry Prize and the Bath Flash Fiction Award.

✉ [rowe\\_irvin](mailto:rowe_irvin)

Maya and Daughter live in complete isolation in a secluded woodland, their days aligned with the light and changing seasons, a complex pattern of routines and rituals. Maya has been raising Daughter this way after a terrible act of violence caused her to flee her previous life. It means that Daughter has never known anyone except Maya, or anywhere except their forest home. Though she's almost sixteen, she remains childlike, even animalistic in her instincts and impulses.

But now Daughter is beginning to question the circumstances of her existence. And then, one day, a red-haired stranger arrives within the confines of their territory. Where there was always two, suddenly there are three – and the carefully constructed reality that Maya has built to keep her daughter safe may not survive it.

**5 June 2025**

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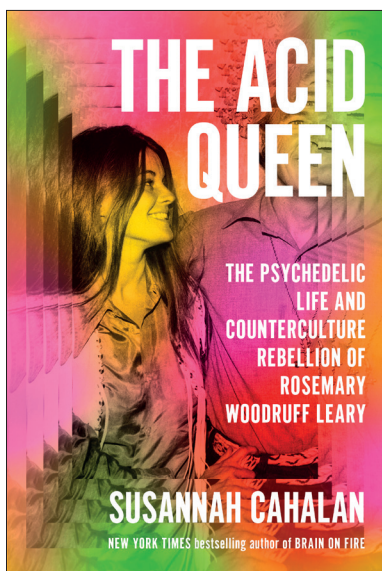
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**Susannah Cahalan** is an award-winning *New York Times* bestselling author, journalist and public speaker. *Brain on Fire* sold over a million copies and was made into a Netflix original movie. *The Great Pretender* made an array of ‘Best of’ lists and was shortlisted for the 2020 Royal Society’s Science Book Award. She has written for the *New York Times*, *Elle*, *New Scientist* and BBC’s *Focus*, as well as academic journals the *Lancet* and *Biological Psychiatry*.

@suscahalan    [susannahcahalan.com](http://susannahcahalan.com)



Also by Susannah Cahalan  
*The Great Pretender* £9.99 (9781838851446)

## The Acid Queen

### *The Psychedelic Life and Counterculture Rebellion of Rosemary Woodruff Leary*

SUSANNAH CAHALAN

The untold story of a woman who played a critical role in bringing psychedelics into the mainstream until her audacious exploits forced her into the shadows

Rosemary Woodruff Leary has been known only as the wife of Timothy Leary, the Harvard professor-turned-psychedelic high priest, whose jailbreak captivated the counterculture and whose life on the run with Rosemary inflamed the US government. But Rosemary was more than a mere accessory. She was a beatnik, a psychonaut and a true believer who tested the limits of her mind and the expectations for women of her time.

Long overlooked by those who have venerated her husband, Rosemary spent her life on the forefront of the counterculture, working with Leary on his books and speeches, sewing his clothing and shaping – for better and for worse – the media’s narrative about LSD. Ultimately, Rosemary sacrificed everything for the safety of her fellow psychedelic pioneers and the preservation of her husband’s legacy.

Drawing from a wealth of interviews, diaries, archives and unpublished sources, Susannah Cahalan writes the definitive portrait of Rosemary Woodruff Leary, reclaiming her narrative and her voice from those who dismissed her. Page-turning, revelatory and utterly compelling, *The Acid Queen* shines an overdue spotlight on a pioneering psychedelic seeker.

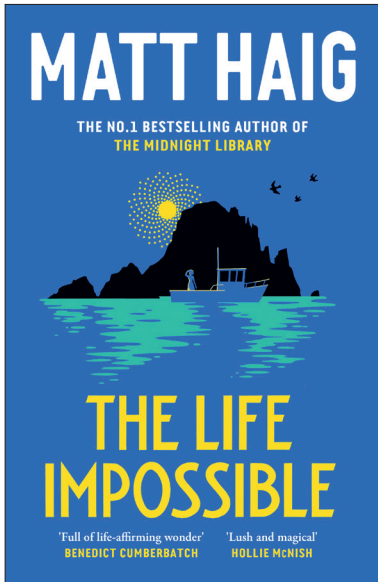
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**Matt Haig** writes both fiction and non-fiction. This includes the novels *The Humans*, *How to Stop Time* and *The Midnight Library*, which has been a number one *Sunday Times* bestseller and a number one *New York Times* bestseller. A major film of his novel *The Radleys* is released in 2024. He has also written a number of children's books including *A Boy Called Christmas*, which became a major feature film, and most recently the non-fiction book for adults, *The Comfort Book*.

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# The Life Impossible

MATT HAIG

Bring the magic back to your everyday with the spectacular new book from the global number one *Sunday Times* bestselling author of *The Midnight Library*

‘Fabulous’ Joanna Lumley

‘Full of life-affirming wonder and imagination’  
Benedict Cumberbatch

‘Lush and magical’ Hollie McNish

‘Stunning’ Fearne Cotton

‘What looks like magic is simply a part of life we don’t understand yet . . .’

When retired Maths teacher Grace Winters is left a run-down house on a Mediterranean island by a long-lost friend, curiosity gets the better of her. She arrives in Ibiza with a one-way ticket, no guidebook and no plan.

Among the rugged hills and golden beaches Grace searches for answers about her friend’s life, and how it ended. What she uncovers is stranger than she could have dreamed. But to dive into this impossible truth, Grace must first come to terms with her past.

Filled with wonder and wild adventure, this is a story of hope and the life-changing power of a new beginning.

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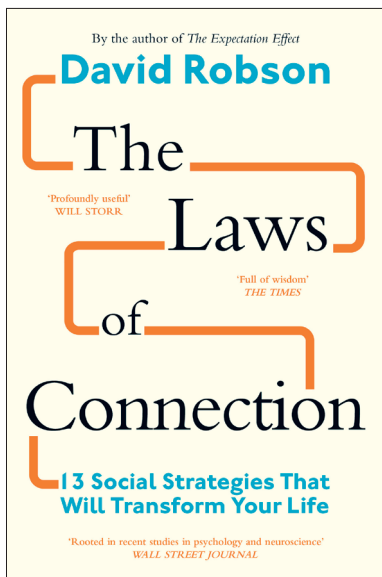
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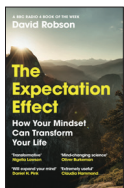
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**David Robson** is an award-winning science writer. His first book, *The Intelligence Trap*, has been translated into 15 languages and his second, *The Expectation Effect*, won the British Psychological Society Book Award and was a BBC Radio 4 Book of the Week. Previously an editor at *New Scientist* and a senior journalist at BBC Future, Robson now writes for the *Guardian*, *Observer*, *The Times*, *Wall Street Journal* and more.

✉ [d\\_a\\_robson](mailto:d_a_robson) @ [davidrobson.me](https://www.davidrobson.me)



**Also by David Robson**  
*The Expectation Effect* £10.99 (9781838853303)

# The Laws of Connection

## 13 Social Strategies That Will Transform Your Life

DAVID ROBSON

Award-winning science journalist and author of *The Expectation Effect* David Robson explores why social connection matters

‘Rigorous and clearly written’ *The Times*

‘Profoundly useful’ Will Storr

‘Packed with practical, achievable and science-backed tips’ *iNews*

There is one key factor affecting health and long life that is more important than any other: social connection.

When we form meaningful bonds with others, our wounds heal faster, our blood pressure drops and we are less likely to have Alzheimer’s, heart attacks or strokes. We perform better on tests of mental focus, memory and problem solving. Strong social connection can even fuel creativity, increase our financial stability and enhance our work productivity. But making friends can also be daunting.

In *The Laws of Connection*, David Robson unpacks the science behind this effect and introduces us to simple strategies to promote instant rapport and sustain lifelong, meaningful relationships.

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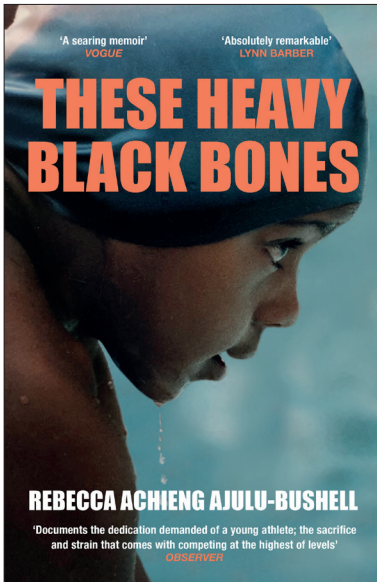
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**Rebecca Achieng Ajulu-Bushell** is an ex-elite athlete who swam for both Great Britain and Kenya over a 10-year career. She is a former British Champion, world number one and the first Black woman ever to swim for Great Britain. Honoured in *Forbes* 30 Under 30 Class of 2023 in the Social Impact category and *TIME*'s list of 18 Black leaders working to end the racial wealth gap, Rebecca is also the CEO of the 10,000 Interns Foundation, a non-profit that champions underrepresented talent. Rebecca studied Fine Art at the University of Oxford. She lives in London but still calls Kenya home. *These Heavy Black Bones* is her first book.

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# These Heavy Black Bones

REBECCA ACHIENG AJULU-BUSHELL

A brave and beautiful memoir written by the first Black woman to swim for Great Britain that reflects on race, identity, trauma and power with visceral vulnerability

'Absolutely remarkable' Lynn Barber

'Reads with the tension of a thriller, illuminating the world of elite sport, both the struggle and sacrifice' Cathy Rentzenbrink

'An embodied water odyssey' Lidia Yuknavitch

This is not a story about making history. This is the story of walking away from it all.

Rebecca Achieng Ajulu-Bushell was once a double British Champion and the first Black woman ever to swim for Great Britain. As her body and mind are sharpened through gruelling training, press scrutiny and the harshness of adolescence, Rebecca charts her career's ascent and her singular love of the water, before explaining why she walked away from it all.

A compulsive and unforgettable study of intensity, *These Heavy Black Bones* meditates on Blackness, identity and the ecstasy of peak physical performance, and lays bare the pressures within the swimming world.

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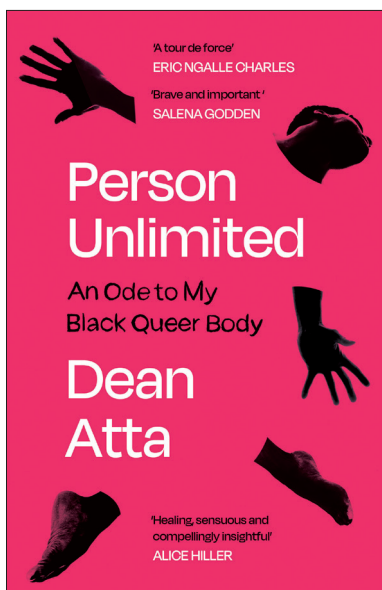
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**Dean Atta** is an award-winning author and performance poet. He won the 2012 London Poetry Award and was named as one of the most influential LGBT people by the *Independent on Sunday* Pink List. He has written two YA novel-in-verses, including *The Black Flamingo* which was a top-selling debut of 2020, and was shortlisted for the Waterstones Children's Book Prize, CILIP Carnegie Medal, the Jhalak Prize and the YA Book Prize. *The Black Flamingo* was also awarded the prestigious Stonewall Book Award and the Carnegie Shouters' Choice Award 2020. *Person Unlimited* is his non-fiction debut.

✂ DeanAtta @ DeanAtta

# Person Unlimited

## *An Ode to My Black Queer Body*

DEAN ATTA

An intimate meditation on bodies, age and self-acceptance, from the author of *The Black Flamingo*

'All memoir is a witness statement. Dean Atta, speak your truth and say it loud' Lemn Sissay

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From choirboy to drag act, grandson to mentor, poet to lover, Dean Atta has played many roles in his life. In this formally inventive, candid and courageous book, he explores what he has carried in his body: wins and losses, shame and pride, pain and joy. Dean also investigates how radical self-acceptance and a willingness to abide with discomfort open up the possibility of a life lived beyond definition: a person unlimited.

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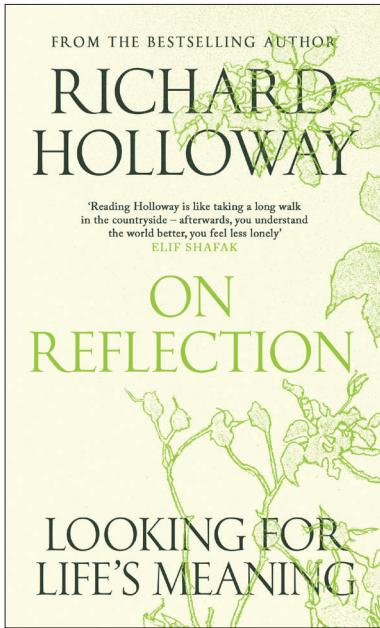
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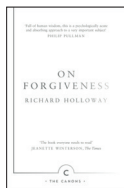
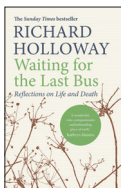
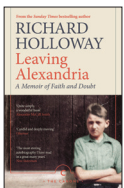
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**Richard Holloway** was Bishop of Edinburgh and Primus of the Scottish Episcopal Church. A former Gresham Professor of Divinity and Chairman of the Joint Board of the Scottish Arts Council and Scottish Screen, he is a fellow of the Royal Society of Edinburgh. His books include *On Forgiveness*, *Looking in the Distance*, *The Heart of Things*, *Stories We Tell Ourselves*, *Waiting for the Last Bus* and *Leaving Alexandria*, which won the PEN/Ackerley Prize 2013 and was shortlisted for the Orwell Prize 2013. He has written for newspapers including *The Times*, *Guardian*, *Observer*, *Herald* and the *Scotsman*, and presented many series for BBC television and radio.



# On Reflection

## *Looking for Life's Meaning*

RICHARD HOLLOWAY

From the *Sunday Times* bestselling author Richard Holloway, an inspiring and profound collection of essays reflecting on art, faith, forgiveness, grief and home

In *On Reflection* Richard Holloway thinks back on some of the questions that have shaped his life, sharing the wisdom of poets, writers, musicians and artists he has encountered along the way.

How can we forgive? Where does creativity come from? How can we face loss and death? How can we live a good life? How do we find beauty in the world and heal divisions? How does a society move forward?

In beautiful prose, and with care and joy, Richard Holloway offers his reflections on how a good life is one inspired by love and guided by knowledge.

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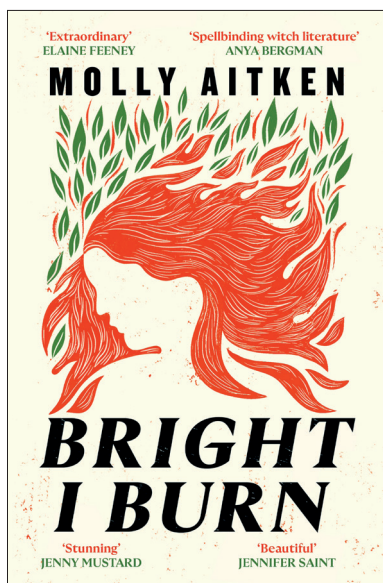
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**Molly Aitken** was born in Scotland and brought up in Ireland. Her short fiction has appeared in *Ploughshares*, for which she won the Alice Hoffman Prize for Fiction 2023, *Banshee*, and has been dramatized for BBC Radio 4. Her first novel *The Island Child* was longlisted for the Authors' Club Best First Novel Award. Molly is currently studying for a PhD in Creative Writing and History at Sheffield Hallam University.

X MollyAitken1 @ molly.aitken



Also by Molly Aitken  
*The Island Child* £8.99 (9781786898340)

# Bright I Burn

MOLLY AITKEN

A blazing tale of power, patriarchy and sexuality, based on the true story of the first woman in Ireland to have been condemned as a witch

In thirteenth-century Ireland, a woman with power is a woman to be feared.

When a young Alice Kyteler sees her mother wither under the constraints of family responsibilities, she vows that she won't suffer the same fate. Soon Alice discovers she has a flair for making money, but as her wealth and stature grow, so too do the rumours about her private life. By the time she has moved on to her fourth husband, a blaze of gossip culminates in an accusation that could prove fatal.

Inspired by the first recorded person in Ireland to have been condemned as a witch, *Bright I Burn* gives voice to a woman lost to history, who dared to carve her own space in a man's world.

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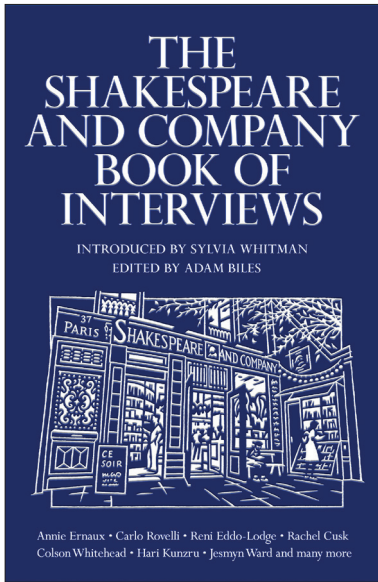
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# The Shakespeare and Company Book of Interviews

EDITED BY ADAM BILES

An illuminating collection of interviews between the prestigious Shakespeare and Company bookshop and the best writers of our time

**Adam Biles** is an English writer and translator based in Paris. He is Literary Director at Shakespeare and Company, from where he hosts their weekly podcast, and where he curated the podcast series *Friends of Shakespeare and Company Read Ulysses*. *Feeding Time*, his first novel, was published by Galley Beggar Press and was a book of the year for the *Observer* and *Irish Times*. It was published by Editions Grasset in France in 2018 to great critical acclaim. His second novel *Beasts of England*, an anarchic sequel to Orwell's *Animal Farm*, will be published by Galley Beggar Press next year.

Shakespeare and Company, Paris, is one of the world's most iconic and beautiful bookshops. Located on the banks of the Seine, opposite Notre-Dame, it's long been a meeting place for anglophone writers and readers.

In that tradition, determined for the bookshop to remain a place of meaningful and transformative conversation, owner Sylvia Whitman and novelist and literary director Adam Biles have hosted several hundred interviews with writers, ranging from prize-winning novelists to visionary non-fiction writers.

*The Shakespeare and Company Book of Interviews* is a selection of the best of these interviews from the last decade. Packed with warmth, sensitivity and humour, it's a celebration of the greatest writers of our age and an insight into the lives and thoughts behind some of today's most talked-about books.

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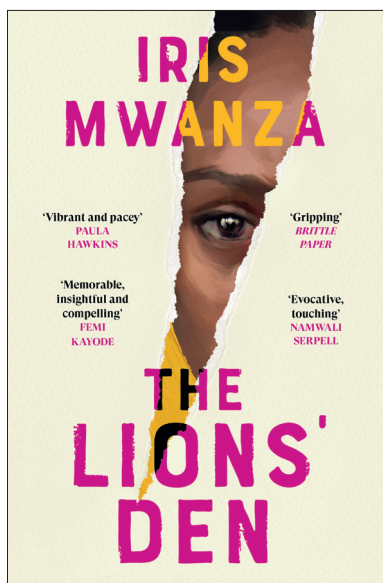
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## The Lions' Den

IRIS MWANZA

A young lawyer must fight for the life of a teenage sex worker who is accused of crimes 'against the order of nature' in this remarkable debut novel from Zambian-American writer Iris Mwanza set in 1990s Lusaka

**LONGLISTED FOR THE CENTER FOR FICTION 2024 FIRST NOVEL PRIZE**

**Iris Mwanza** is a Zambian-American writer. Now Deputy Director of Women in Leadership in the Gender Equality Division of the Bill & Melinda Gates Foundation, she has worked as a corporate lawyer in both Zambia and the US. Mwanza holds law degrees from Cornell University and the University of Zambia, and an MA and PhD in International Relations from Johns Hopkins School of Advanced International Studies. In addition to her work at the Foundation, Mwanza serves on the Supervisory Board of Care International and on the Board of Directors of World Wildlife Fund US.

✕ IrisMwanza

Rookie lawyer Grace Zulu does not give up easily. She escaped an arranged marriage to put herself through university. Now she's got her first case.

Her client, young Willbess 'Bessy' Mulenga, has been arrested for offences 'against nature'. Bessy works in a men-only bar, loves to dance, to wear dresses and live freely. But in 1990s Zambia, following your own identity can get you beaten, jailed or worse.

A debut novel that soars with passion and humanity, *The Lions' Den* is a moving story of prejudice, corruption, injustice, courage and solidarity. It shows us that no cause is ever a lost one.

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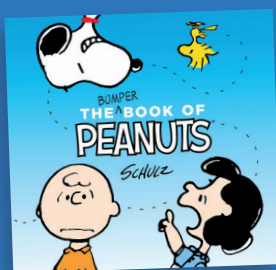
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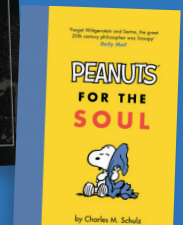
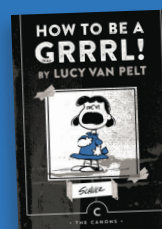


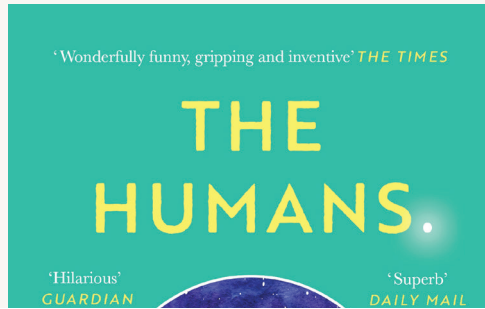
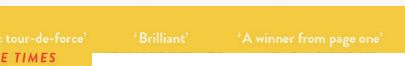
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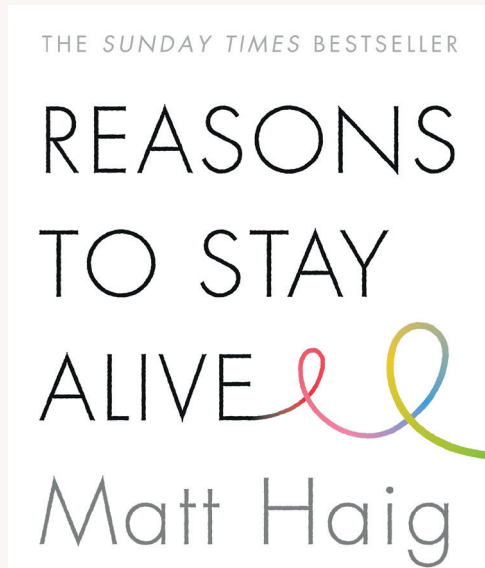


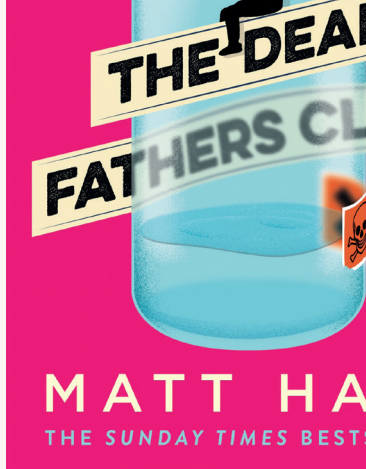
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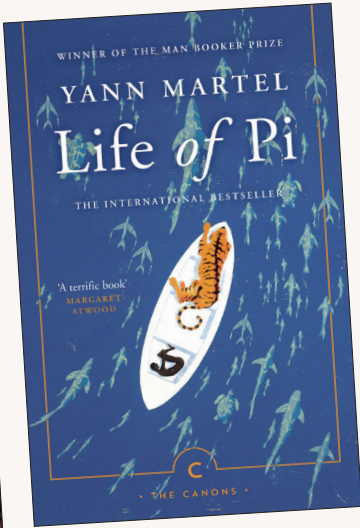
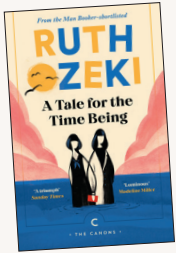
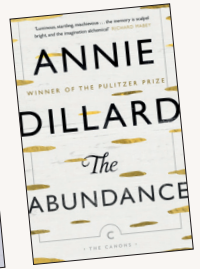
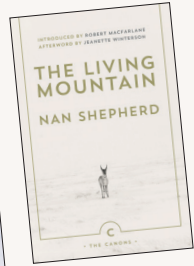
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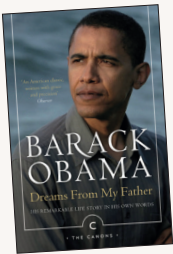
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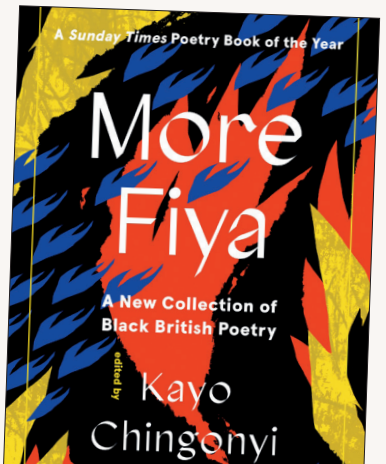
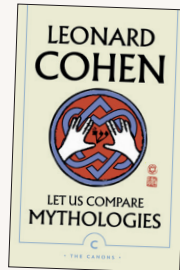
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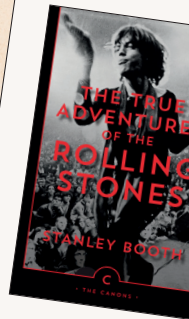




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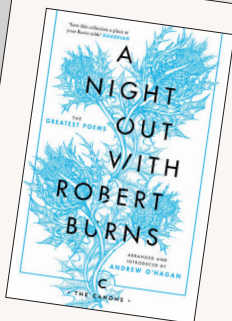
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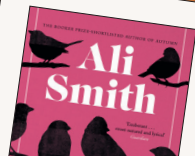
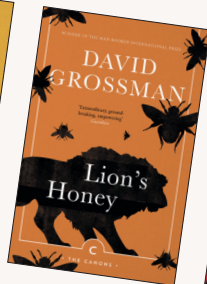
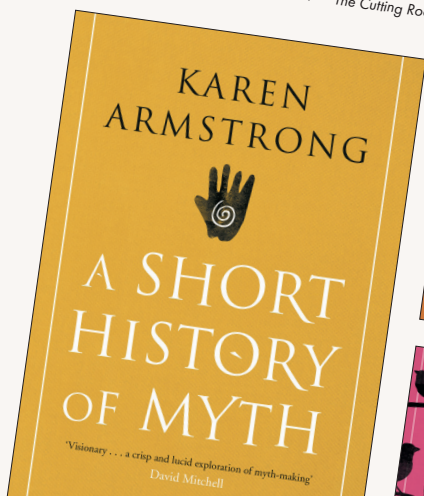
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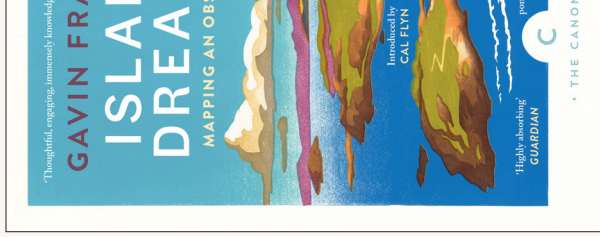
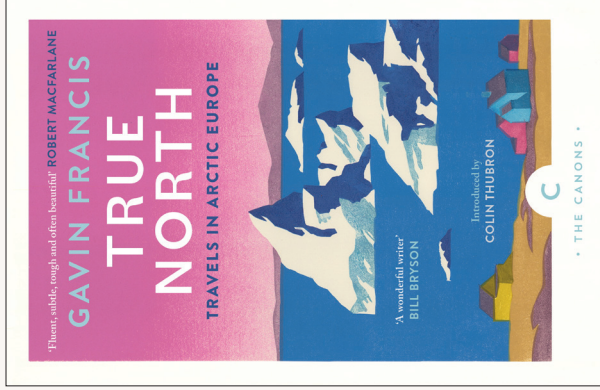
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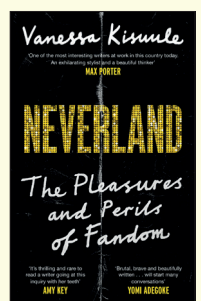
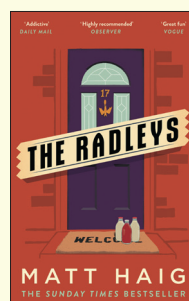
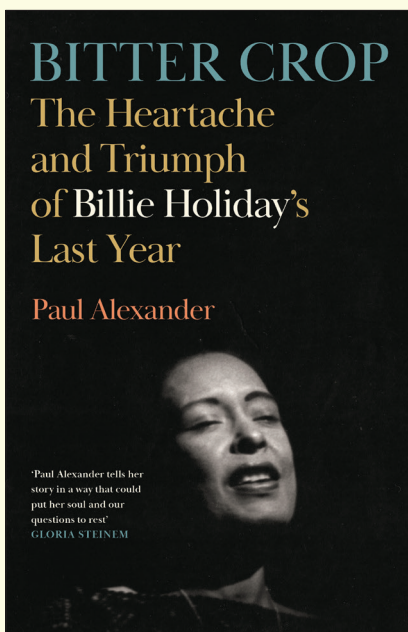
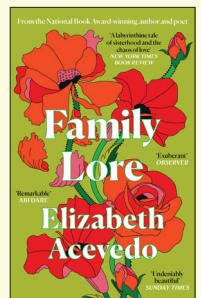
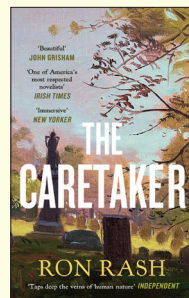
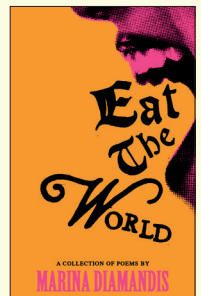
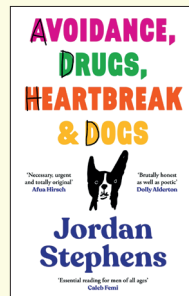
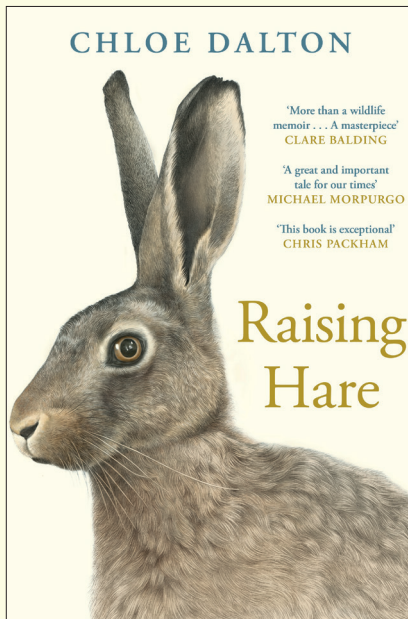
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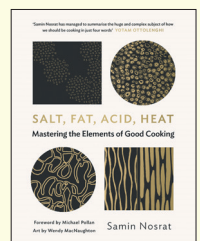
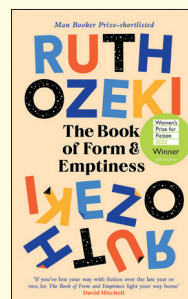
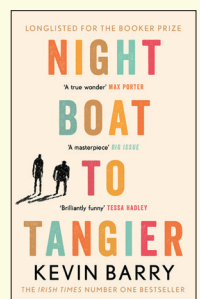
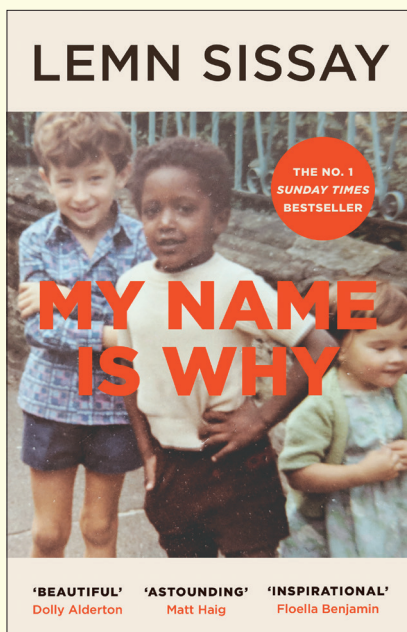
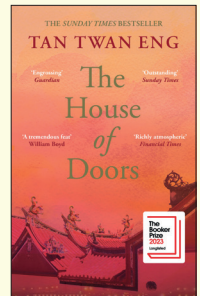
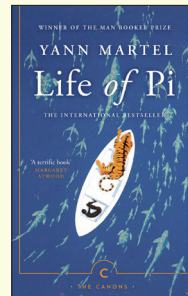
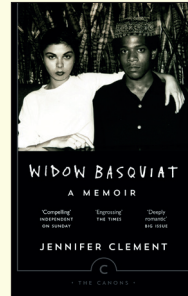
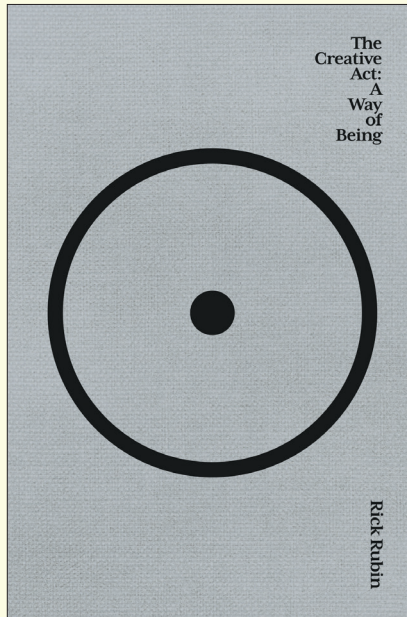
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