



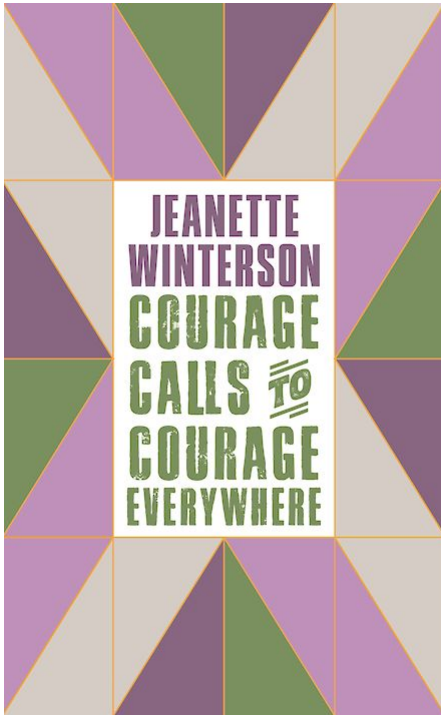
# Canongate

NON-FICTION BY INSPIRING WOMEN

CANONIGATE

# Courage Calls to Courage Everywhere

JEANETTE WINTERSON



RELEASE DATE: 1 NOVEMBER 2018

HARDBACK

9781786896216

£7.99

*A century after women were first granted the vote, award-winning author Jeanette Winterson celebrates how far we have come on the road to equality, and calls on women and men alike to continue the fight*

*Courage Calls to Courage Everywhere* is a timely and inspiring call to arms by one of Britain's most acclaimed and important writers. Whilst recognising how far women have come in the hundred years since getting the vote, Jeanette Winterson also insists that we must all do much more if we are to achieve true gender equality.

Examining recent women's rights movements, the worlds of politics, technology and social media and changes in the law, Winterson calls out all the ways in which women still face discrimination and disadvantage. Like the women who won the right to vote, we need to shout up, reach out, be courageous and finish the job.

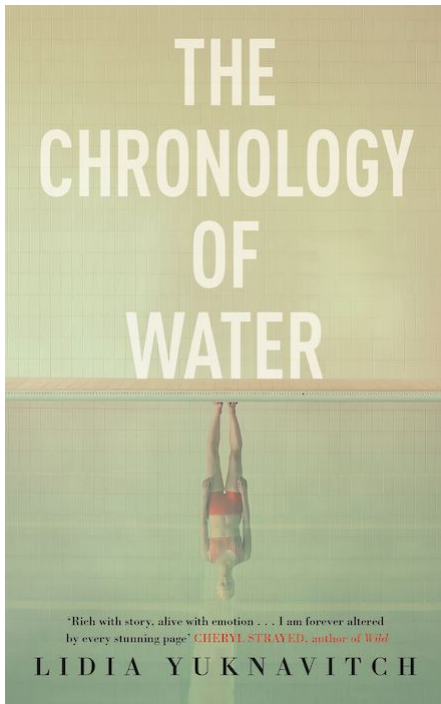
Also included in this volume is Emmeline Pankhurst's landmark Suffragette speech, 'Freedom or Death', which she delivered in 1913.

## ABOUT THE AUTHOR

Jeanette Winterson was born in Manchester and read English at Oxford, during which time she wrote her first novel, the Whitbread Award-winning *Oranges Are Not The Only Fruit*. Since then she has published many other novels – including *The Passion*, *Sexing the Cherry*, *Written on the Body*, *The PowerBook* and *The Daylight Gate* – a collection of short stories, a book of essays, books for children and a memoir, *Why Be Happy When You Could Be Normal?*. She has adapted her work for TV, film and stage, was awarded an OBE in 2006 and a CBE in 2018 for services to literature. Her books are published in 32 countries. @Wintersonworld | jeanettewinterson.com

# The Chronology of Water

LIDIA YUKNAVITCH



RELEASE DATE: 7 MARCH 2019

HARDBACK

9781786894373

£14.99

*A journey of addiction, grief and the healing power of art – the highly acclaimed memoir from the author of *The Book of Joan**

From the debris of her troubled early life, Lidia Yuknavitch weaves an astonishing tale of survival. A kind of memoir that is also a paean to the pursuit of beauty, self-expression, desire – for men and women – and the exhilaration of swimming, *The Chronology of Water* lays a life bare.

It is a life that navigates, and transcends, abuse, addiction, self-destruction and the crushing loss of a stillborn child. It is the life of a misfit, one that forges a fierce and untrodden path to creativity and comes together in the shape of love.

## ABOUT THE AUTHOR

Lidia Yuknavitch is the author of the novels *The Book of Joan*, *The Small Backs of Children* and *Dora: A Headcase*. Her highly acclaimed memoir, *The Chronology of Water*, was a finalist for a PEN Center USA award for Creative Non-fiction and winner of a PNBA Award and the Oregon Book Awards' Readers' Choice. Her TED talk, 'The Beauty of Being a Misfit', has been watched over two million times. Lidia teaches in Oregon, where she lives with her husband and their son. She is a very good swimmer. @LidiaYuknavitch | lidiayuknavitch.net

# Figuring

MARIA POPOVA



RELEASE DATE: 7 FEBRUARY 2019

HARDBACK

9781786897244

£20.00

*A history of women who have changed our understanding of the universe, from the creator of Brain Pickings*

*Figuring* explores the complexities of love and the human search for truth and meaning through the interconnected lives of several historical figures across four centuries – beginning with the astronomer Johannes Kepler, who discovered the laws of planetary motion, and ending with the marine biologist and author Rachel Carson, who catalysed the environmental movement.

Stretching between these figures is a cast of artists, writers, and scientists – mostly women, mostly queer – whose public contribution has risen out of their unclassifiable and often heartbreaking private relationships to change the way we understand, experience and appreciate the universe. Among them are the astronomer Maria Mitchell, who paved the way for women in science; the sculptor Harriet Hosmer, who did the same in art; the journalist and literary critic Margaret Fuller, who sparked the feminist movement; and the poet Emily Dickinson.

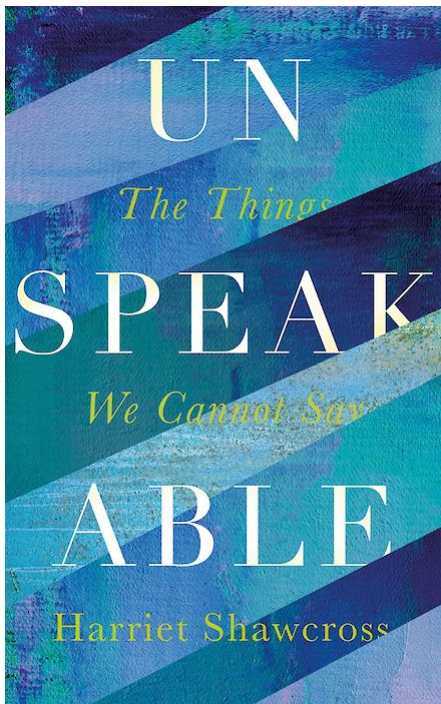
Emanating from these lives are larger questions about the measure of a good life and what it means to leave a lasting mark of betterment on an imperfect world: Are achievement and acclaim enough for happiness? Is genius? Is love? Weaving through the narrative is a set of peripheral figures – Ralph Waldo Emerson, Charles Darwin, Elizabeth Barrett Browning, Herman Melville, Frederick Douglass, Nathaniel Hawthorne and Walt Whitman – and a tapestry of themes spanning music, feminism, the history of science, the rise and decline of religion, and how the intersection of astronomy, poetry and Transcendentalist philosophy fomented the environmental movement.

## ABOUT THE AUTHOR

Maria Popova is a reader and a writer, and writes about what she reads on Brain Pickings ([brainpickings.org](http://brainpickings.org)), which is included in the Library of Congress permanent digital archive of culturally valuable materials. She hosts *The Universe in Verse* – an annual celebration of science through poetry – at the interdisciplinary cultural center Pioneer Works in Brooklyn. She grew up in Bulgaria immersed in music and mathematics.

# *Unspeakable*

*The Things We Cannot Say*  
HARRIET SHAWCROSS



RELEASE DATE: 7 MARCH 2019

HARDBACK  
9781786890047  
£16.99

*From award-winning journalist and film-maker Harriet Shawcross comes a deeply personal exploration of silence, taboo and how and why words fail us*

As a teenager, Harriet Shawcross stopped speaking at school for almost a year, retreating into herself and communicating only when absolutely necessary. As an adult, she became fascinated by the limits of language and in *Unspeakable* she asks what makes us silent.

From the inexpressible trauma of trench warfare and the aftermath of natural disaster to the taboo of coming out, Shawcross explores how and why words fail us. From the mountains of Nepal to New York's theatre district she travels the world meeting people who constantly wrestle with language. She studies the work of George Oppen, a poet who couldn't write a line for twenty-five years, interviews Eve Ensler whose play *The Vagina Monologues* gave voice to the truths of female sexuality, and meets the founders of The Samaritans who have been listening silently to those in need since the 1950s.

A beguiling mix of memoir, history, literary criticism and investigative journalism, *Unspeakable* is a moving and unprecedented study of the power of silence.

## ABOUT THE AUTHOR

Harriet Shawcross is an award-winning filmmaker and journalist. She obtained an MA in Creative Non-Fiction from the University of East Anglia, and was shortlisted for the Manchester Fiction Prize. *Unspeakable* is her first book.

# When They Call You a Terrorist

A Black Lives Matter Memoir

PATRISSE KHAN-CULLORS & ASHA BANDELE

When they call  
you a terrorist

A Black Lives Matter Memoir



Patrisse Khan-Cullors  
and asha bandele

Foreword by Angela Davis

"This is the portrait of modern America  
we should all be buying." *Emerald Street*

RELEASE DATE: 31 JANUARY 2019

PAPERBACK

9781786893055

£9.99

*The powerful memoir of one of the co-founders of Black Lives Matter which explores how the movement was born*

Following the acquittal of George Zimmerman in the fatal shooting of Trayvon Martin, three women – Alicia Garza, Opal Tometi, and Patrisse Khan-Cullors – came together to form an active response to the systemic racism causing the deaths of so many African-Americans. They simply said: Black Lives Matter; and for that, they were labelled terrorists.

In this empowering account of survival, strength and resilience, Patrisse Khan-Cullors and award-winning author and journalist asha bandele recount the personal story that led Patrisse to become a founder of Black Lives Matter, seeking to end the culture that declares Black life expendable. Like the era-defining movement she helped create, this rallying cry demands you do not look away.

With foreword by Angela Davis.

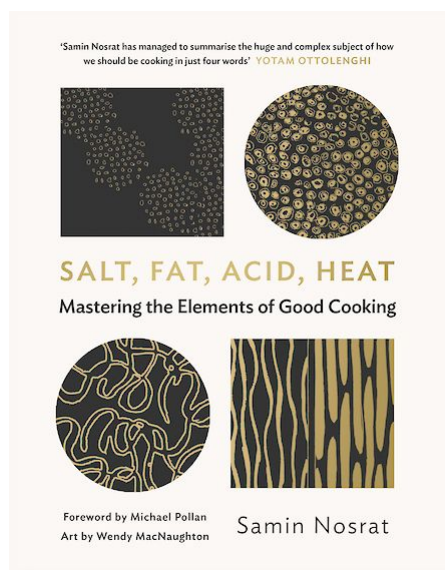
## ABOUT THE AUTHOR

Patrisse Khan-Cullors is an artist, organizer, and freedom fighter from Los Angeles, CA. Co-founder of Black Lives Matter, she is also a performance artist, Fulbright scholar, popular public speaker, and an NAACP History Maker. asha bandele, author of the bestselling memoir, *The Prisoner's Wife*, has been honoured for her work in journalism, fiction, poetry, and activism. A mother and a former senior editor at *Essence* magazine, asha serves as a senior director at the Drug Policy Alliance.

# Salt, Fat, Acid, Heat

## Mastering the Elements of Good Cooking

SAMIN NOSRAT



RELEASE DATE: 29 AUGUST 2017

HARDBACK

9781782112303

£30.00

*A beautifully illustrated and visionary New York Times bestseller that distils decades of professional experience into just four simple elements – and will set you free from recipes forever*

Now a Netflix series

WINNER OF THE FORTNUM & MASON BEST DEBUT FOOD BOOK 2018

Sunday Times Food Book of the Year and New York Times bestseller

While cooking at Chez Panisse at the start of her career, Samin Nosrat noticed that amid the chaos of the kitchen there were four key principles that her fellow chefs would always fall back on to make their food better: Salt, Fat, Acid and Heat.

By mastering these four variables, Samin found the confidence to trust her instincts in the kitchen and cook delicious meals with any ingredients. And with her simple but revolutionary method, she has taught masterclasses to give both professionals and amateurs the skills to cook instinctively.

Whether you want to balance your vinaigrette, perfectly caramelize your roasted vegetables or braise meltingly tender stews, Samin's canon of 100 essential recipes and their dozens of variations will teach you how.

### ABOUT THE AUTHOR

Samin Nosrat is a writer, teacher, and chef. She's been cooking professionally since 2000, when she first stumbled into the kitchen at Chez Panisse restaurant. Her writing has appeared in *The New York Times*, *Bon Appétit*, and the *Guardian*. Samin lives in Berkeley, California. *Salt, Fat, Acid, Heat* is her first book. [www.ciaosamin.com](http://www.ciaosamin.com) @CiaoSaminWendy MacNaughton is a *New York Times*-bestselling illustrator and graphic journalist whose books include *Meanwhile in San Francisco* (Chronicle) and *Knives & Ink* (Bloomsbury). She lives in San Francisco with her partner, several four-legged animals, and a well-used kitchen, thanks to Samin. [www.wendymacnaughton.com](http://www.wendymacnaughton.com) @wendymac

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