



Canongate Books

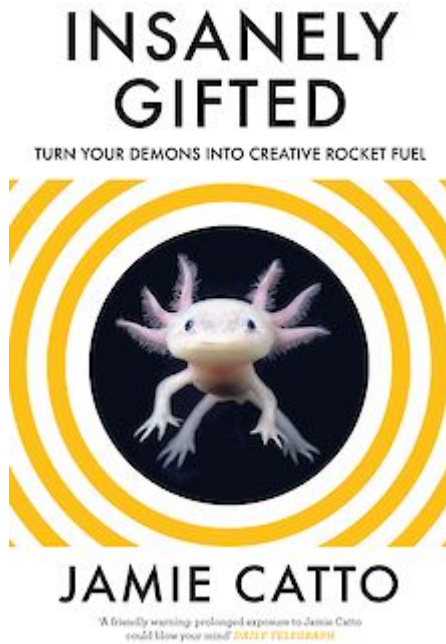
CURSOR CANADA FALL CATALOGUE

CANON  GATE

Insanely Gifted

Turn Your Demons into Creative Rocket Fuel

JAMIE CATTO



RELEASE DATE: 5 JANUARY 2017

PAPERBACK

9781782119081

£14.00

From the creative dynamo, workshop leader and founder member of Faithless comes a manifesto for embracing our dark side and a blueprint for boosting our creativity

It's time to unleash your genius

From infancy we are taught to edit ourselves, trimming out the darker, weirder, less acceptable parts in order to please others. But this addiction to approval is holding us back.

What if we dare to be our real selves, honestly and fully?

Insanely Gifted is full of techniques and games to transform our thinking and turn our inner demons into allies. Jamie Catto, creative force behind Faithless and I Giant Leap, and leader of personal development workshops for more than a decade, teaches us to better know our deepest instincts - and unlock our true power.

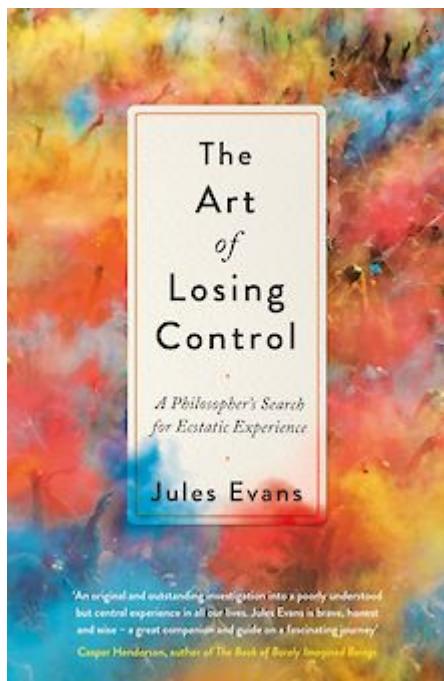
ABOUT THE AUTHOR

Jamie Catto runs personal development workshops worldwide. His teaching builds on his own experience of overcoming creative hurdles, and provides techniques that invite everyone to fulfil their potential. He was also founding member of dance mega-group Faithless and acclaimed global music and philosophy project I Giant Leap. The first I Giant Leap project was nominated for two Grammys, sold over 300,000 albums and won numerous awards globally. The greatest hits album from Faithless was the fastest selling dance album of all time.

The Art of Losing Control

A Philosopher's Search for Ecstatic Experience

JULES EVANS



RELEASE DATE: 25 APRIL 2017

HARDBACK

9781782118671

£16.99

How mastering the art of losing control can help us live a better life: a wise, witty and dynamic guide to the philosophy of human ecstasy

Humans have always sought ecstatic experiences - moments where they go beyond their ordinary self and feel connected to something greater than them. Such moments are fundamental to human flourishing, but they can also be dangerous.

Beginning around the Enlightenment, western intellectual culture has written off ecstasy as ignorance or delusion. But philosopher Jules Evans argues that this diminishes our reality and denies us the healing, connection and meaning that ecstasy can bring.

He sets out to discover how people find ecstasy in a post-religious culture, how it can be good for us, and also harmful. Along the way, he explores the growing science of ecstasy, to help the reader - and himself - learn the art of losing control.

Jules' exploration of ecstasy is an intellectual and emotional odyssey balancing personal experience, interviews and readings from ancient and modern philosophers that will change the way you think about how you feel. From Aristotle and Plato, via the Bishop of London and Sister Bliss, radical jihadis and Silicon Valley transhumanists, *The Art of Losing Control* is a funny and life-enhancing journey through under-explored terrain.

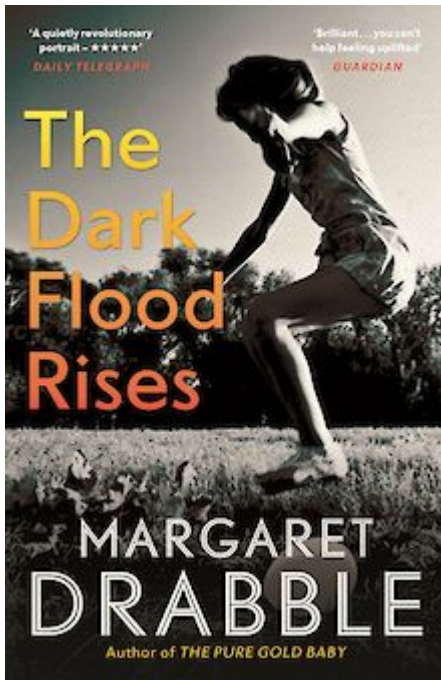
ABOUT THE AUTHOR

Jules Evans is policy director at the Centre for the History of Emotions at Queen Mary, University of London. He is the author of *Philosophy for Life and Other Dangerous Situations*, which was published in 19 countries and was a *Times* Book of the Year. Jules has written for *The Times*, *Financial Times*, *Guardian*, *Spectator* and *WIRED* and is a BBC New Generation Thinker. He also runs the London Philosophy Club, the world's biggest philosophy club.

@julesevans77

The Dark Flood Rises

MARGARET DRABBLE



RELEASE DATE: 1 JUNE 2017

PAPERBACK

9781782118336

£8.99

The new novel from literary great Margaret Drabble is by turns dark and joyous, hilarious and heartbreaking, and asks us what makes a good life, and a good death

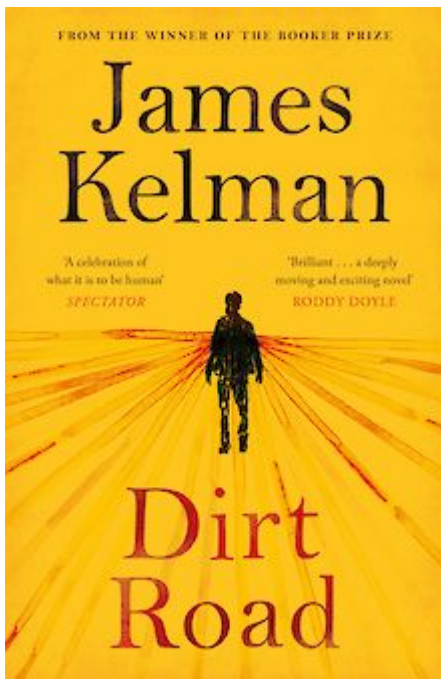
Fran may be old but she's not going without a fight. So she dyes her hair, enjoys every glass of red wine, drives restlessly around the country and lives in an insalubrious tower block that her loved ones disapprove of. And as each of them - her pampered ex Claude, old friend Jo, flamboyant son Christopher and earnest daughter Poppet - seeks happiness in their own way, what will the last reckoning be? Will they be waving or drowning when the end comes? By turns joyous and profound, darkly sardonic and moving, *The Dark Flood Rises* questions what makes a good life, and a good death.

ABOUT THE AUTHOR

Dame Margaret Drabble was born in Sheffield in 1939 and was educated at Newnham College, Cambridge. She is the author of eighteen novels including *A Summer Bird-Cage*, *The Millstone*, *The Peppered Moth*, *The Red Queen*, *The Sea Lady* and most recently, the highly acclaimed *The Pure Gold Baby*. She has also written biographies, screenplays and was the editor of the *Oxford Companion to English Literature*. She was appointed CBE in 1980, and made DBE in the 2008 Honours list. She was also awarded the 2011 Golden PEN Award for a Lifetime's Distinguished Service to Literature. She is married to the biographer Michael Holroyd.

Dirt Road

JAMES KELMAN



RELEASE DATE: 3 AUGUST 2017

PAPERBACK

9781782118251

£8.99

From the Booker Prize-winning James Kelman, 'Dirt Road is about coming of age, grief and the folk music of the American deep south' Daily Telegraph

Shortlisted for Saltire Fiction Book of the Year 2016

'A celebration of what it is to be human' *Spectator*

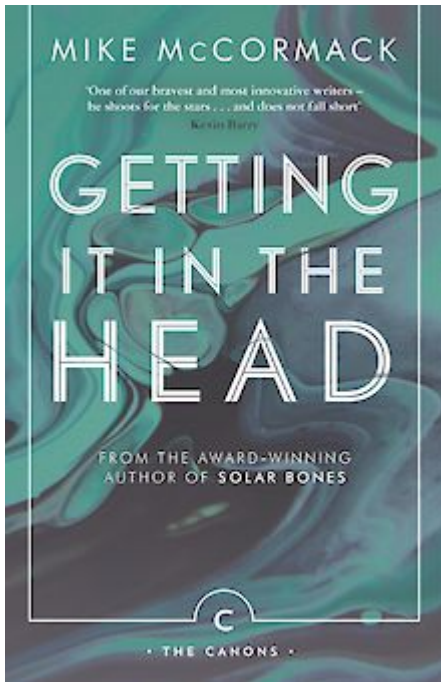
Murdo, a teenager obsessed with music, dreams of a life beyond home. His recently widowed dad, Tom, stumbles towards the future, terrified of losing what remains of his family. Both are in search of something as they set out from rural Scotland on a journey to the American South.

ABOUT THE AUTHOR

James Kelman was shortlisted for the Booker Prize in 1989 with *A Disaffection*, which also won the James Tait Black Memorial Prize for Fiction. He then went on to win the Booker Prize five years later with *How Late It Was, How Late*, before being shortlisted twice for the Man Booker International Prize, in 2009 and 2011. *Dirt Road* was shortlisted for the Saltire Fiction Book of the Year in 2016. His most recent book of stories, *That Was a Shiver*, is published by Canongate in 2017.

Getting it in the Head

MIKE MCCORMACK



RELEASE DATE: 6 JULY 2017

Canons Imprint

PAPERBACK

9781786891396

£9.99

The celebrated debut short story collection from the author of Solar Bones, winner of the 2016 Goldsmiths Prize and BGE Irish Book of the Year

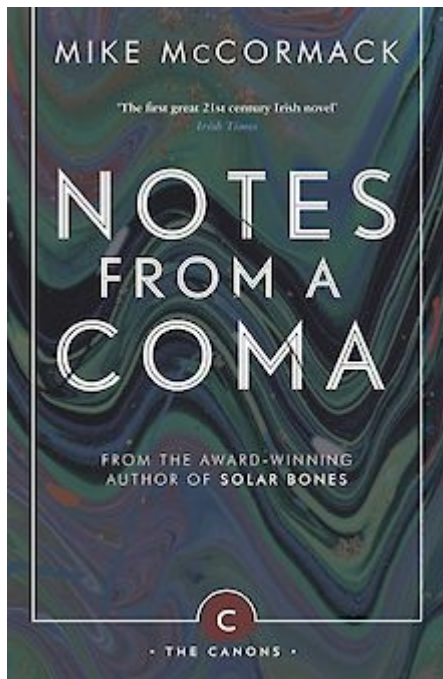
Prepare to enter a world where the infatuation with death, ruin and destruction is total. Set in locations from New York to the west of Ireland, and to the nameless realms of the imagination, it is a world where beautiful but deranged children make lethal bombs, talented sculptors spend careers dismembering themselves in pursuit of their art, and wasters rise up with axes and turn into patricides. McCormack's celebrated debut collection is richly imaginative, bitterly funny, powerful and original.

ABOUT THE AUTHOR

Mike McCormack is an award-winning novelist and short story writer from Mayo. His previous work includes *Notes from a Coma* (2005), which was shortlisted for BGE Irish Novel of the Year, and *Forensic Songs* (2012). In 1996 he was awarded the Rooney Prize for Irish Literature for *Getting it in the Head*, and in 2007 he was awarded a Civitella Ranieri Fellowship. In 2016, *Solar Bones* won the Goldsmiths Prize and the BGE Irish Book of the Year award.

Notes from a Coma

MIKE MCCORMACK



RELEASE DATE: 6 JULY 2017

Canons Imprint

PAPERBACK

9781786891419

£9.99

The critically acclaimed novel from the author of Solar Bones, winner of the 2016 Goldsmiths Prize and BGE Irish Book of the Year

After suffering a catastrophic breakdown, J.J. O'Malley volunteers for a government project exploring the possibility of using coma as a means to keep prisoners under control. Floating in a maintained coma on a prison ship off the west coast of Ireland, his coma goes viral and the nation turns to watch.

Brilliantly imagined and artfully constructed - merging science fiction with an affectionate portrait of small town Ireland - *Notes from a Coma* is a compassionate examination of a man cursed with guilt and genius.

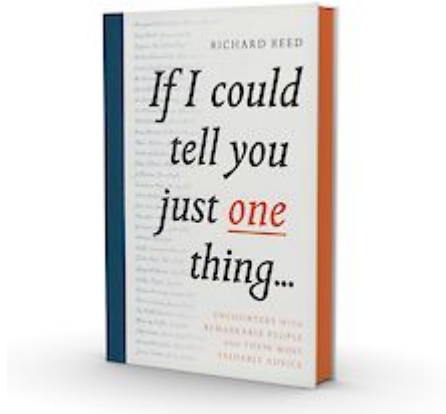
ABOUT THE AUTHOR

Mike McCormack is an award-winning novelist and short story writer from Mayo. His previous work includes *Getting it in the Head* (1996) and *Forensic Songs* (2012). In 1996 he was awarded the Rooney Prize for Irish Literature for *Getting it in the Head* and in 2007 he was awarded a Civitella Ranieri Fellowship. In 2016, *Solar Bones* won the Goldsmiths Prize and the BGE Irish Book of the Year award.

If I Could Tell You Just One Thing...

Encounters with Remarkable People and Their Most Valuable Advice

RICHARD REED



RELEASE DATE: 3 NOVEMBER 2016

HARDBACK

9781782119227

£28.00

A collection of the very best advice from some of the world's most successful and remarkable people. Gathered by the co-founder of Innocent Drinks.

Adventures in advice with some of the world's most remarkable people.

President Bill Clinton, Clare Balding, Stephen Fry, Dame Judi Dench, James Corden, Margaret Atwood, Sir David Attenborough, Annie Lennox, Andy Murray, Joanna Lumley, Anthony Bourdain, Marina Abramovic, Sir Richard Branson, Sandi Toksvig, Jude Law, Nicola Sturgeon, Harry Belafonte, Olivia Colman, Simon Cowell, Martha Lane-Fox, Mario Testino, Esther Perel, Bear Grylls, Diana Athill, Mike Bloomberg, Ruby Wax, Alain de Botton, Jo Malone, Heston Blumenthal, Ruthie Rogers, Nitin Sawhney, Katie Piper, Richard Curtis, Shami Chakrabarti, and Michael McIntyre are just some of the many inspiring people who appear in Richard Reed's fascinating book.

In each case Richard asked them to share with him some of their hard-earned wisdom and insights into life and how to make the most of it.

If I Could Tell You Just One Thing... is not only packed with great advice but is also an enormously entertaining, brilliantly written and stunningly designed book. Each of the encounters is complemented by a pen and ink portrait by the award-winning British artist, Samuel Kerr. The resulting book is a treasure trove for readers of all ages and interests and a perfect gift book for just about anyone.

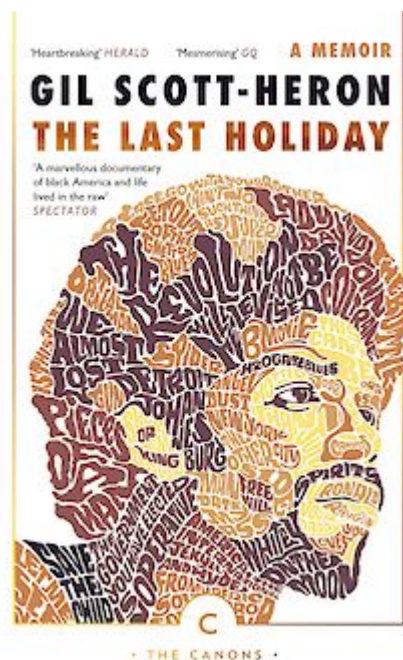
ABOUT THE AUTHOR

Richard Reed studied geography at St. John's College, Cambridge before starting a career in advertising. A few years later he and two friends left their jobs to found Innocent Drinks. Starting from a market stall, today Innocent produces more than a million smoothies a day and sells them in 17 countries across Europe. Reed is the founder of Art Everywhere and co-founder of the Innocent Foundation and JamJar Investments. He also presented the BBC Three series *Be Your Own Boss*. This is his first book.

The Last Holiday

A Memoir

GIL SCOTT-HERON



RELEASE DATE: 18 MAY 2017

Canons Edition

PAPERBACK

9781786890252

£17.00

'Leave it to Scott-Heron to save some of his best for last ... He's a real writer, a word man, and [The Last Holiday] is as wriggling and vital in its way as Bob Dylan's Chronicles: Volume One' New York Times

Raised by his grandmother in Tennessee, Gil Scott-Heron's journey from humble beginnings to becoming one of the most uncompromising and influential songwriters of his generation is a remarkable one. In this, his heartfelt, beautifully written and posthumously published memoir, we are given bright insights into the music industry, New York, the civil-rights movement, modern America, governmental hypocrisy, Stevie Wonder and our wider place in the world. It is also a fitting testament to the generous brilliance of Gil Scott-Heron and to the Spirits that guided him.

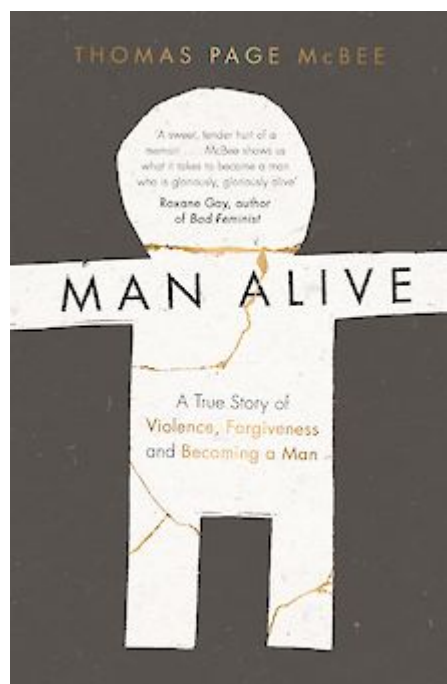
ABOUT THE AUTHOR

In a musical career spanning five decades, from *Small Talk at 125th and Lenox* to *I'm New Here*, Gil Scott-Heron (1949-2011) released twenty albums and many seminal singles including 'The Revolution Will Not Be Televised,' 'Home Is Where the Hatred Is,' 'Winter in America,' 'B Movie,' 'Johan nesburg,' and 'Lady Day and John Coltrane.' He was also the author of three previous books: two novels, *The Vulture* and *The Nigger Factory* and *Now and Then: The Poems of Gil Scott-Heron*.

Man Alive

A True Story of Violence, Forgiveness and Becoming a Man

THOMAS PAGE MCBEE



RELEASE DATE: 25 MAY 2017

PAPERBACK

9781786890887

£8.99

A wry, tender memoir by one of the leading voices on transition and masculinity

If he is to become a man, what sort of man should Thomas Page McBee be?

To find out, McBee must confront the suffering he has endured at the hands of men: the abuse he endured as a child from his father, and the violent mugging which almost killed him as an adult. Standing at the brink of the life-changing decision to transition from female to male, McBee seeks to understand these examples of flawed manhood, and reclaim his body on his own terms.

Powerful, uplifting and profound, *Man Alive* is a story about transformation; about freedom, and love, and finding the strength to rebuild ourselves as the people we are meant to be.

ABOUT THE AUTHOR

Thomas Page McBee was 'masculinity expert' for *Vice* and the first trans man ever to box at Madison Square Garden. His essays and reportage have appeared in the *New York Times*, *Playboy*, *Glamour*, and *Salon*.@thomaspagecbec

Orphans of the Carnival

CAROL BIRCH



RELEASE DATE: 4 MAY 2017

PAPERBACK

9781782116561

£8.99

The dazzling new novel, evoking the thrilling world of the Victorian carnival, from the Man Booker-shortlisted author of Jamrach's Menagerie

A life in the spotlight will keep anyone hidden.

Julia Pastrana is the singing and dancing marvel from Mexico. She is heralded across nineteenth-century Europe as much for her talent as for her unusual looks. Yet few can see past her freakish appearance to the ambitious woman within.

Orphans of the Carnival sweeps us from the music halls of Vienna to an attic in modern-day South London, playing out an epic tale of grit, love, music and the triumph of the human spirit pushed to extremes.

ABOUT THE AUTHOR

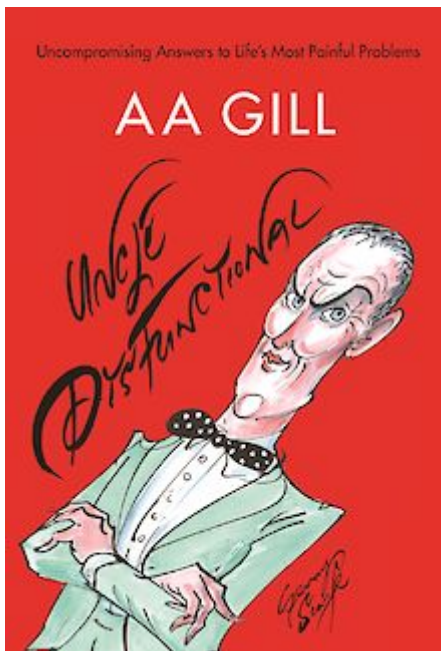
Carol Birch is the author of ten previous novels, including *Scapegallows* (2008) and *Turn Again Home* (2003) which was longlisted for the Man Booker Prize. She has also won the Geoffrey Faber Memorial Prize and the David Higham Award for Best First Novel. *Jamrach's Menagerie* was shortlisted for the Man Booker Prize and longlisted for the Orange Prize for Fiction and the London Book Award.

Uncle Dysfunctional

Uncompromising Answers to Life's Most Painful Problems

AA GILL

EDITED BY ALEX BILMES



RELEASE DATE: 1 JUNE 2017

PAPERBACK

9781786891839

£9.99

Highlights from AA Gill's brilliantly acerbic advice columns from his time as Esquire's agony uncle

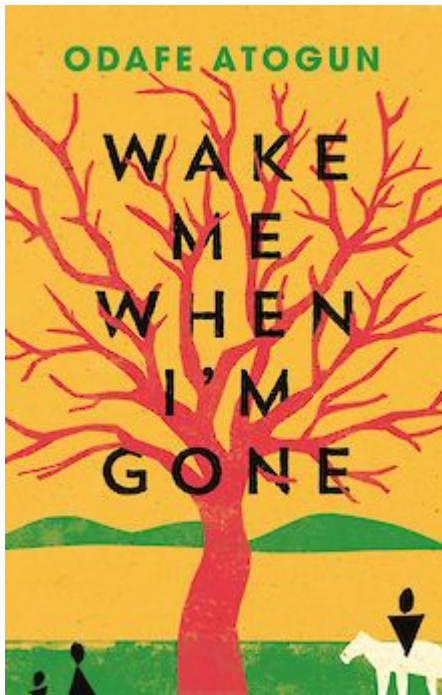
From 2011 up until his death at the end of 2016, the inimitable AA Gill reigned supreme as Uncle Dysfunctional, *Esquire's* resident advice columnist. In this raffish, hilarious, scathing yet often surprisingly humane collection, Gill applies his unmatched wit to the largest and smallest issues of our time.

ABOUT THE AUTHOR

AA Gill was born in Edinburgh. He was the TV and restaurant critic for the *Sunday Times*, a columnist for *Esquire*, *Vanity Fair*, and other publications, and wrote numerous books. He died in 2016. Alex Bilmes is editor-in-chief of *Esquire*.

Wake Me When I'm Gone

ODAFE ATOGUN



RELEASE DATE: 3 AUGUST 2017

HARDBACK

9781782118428

£14.99

The powerful second novel – about grief, love, motherhood and breaking the rules – from one of the most exciting new literary voices in contemporary African writing

Everyone says that Ese is the most beautiful woman in the region, but a fool. A young widow, she lives in a village, where the crops grow tall and the people are ruled over by a Chief on a white horse. She married for love, but now her husband is dead, leaving her with nothing but a market stall and a young son to feed.

When the Chief knocks on Ese's door demanding that she marry again, as the laws of the land dictate she must, Ese is a fool once more. There is a high price for breaking the law, and an even greater cost for breaking the heart of a Chief. Ese will face the wrath of gods and men in the fight to preserve her heart, to keep her son and to right centuries of wrongs. She will change the lives of many on the road to freedom, and she will face the greatest pain a mother ever can.

Wake Me When I'm Gone is a story of curses broken and lives remade, of great tragedy and incredible rebirth. In this, his second novel, Nigerian writer Odafe Atogun unfolds a world rich with tradition and folklore, a world filled with incredible people of remarkable strength, a world that is changing fast.

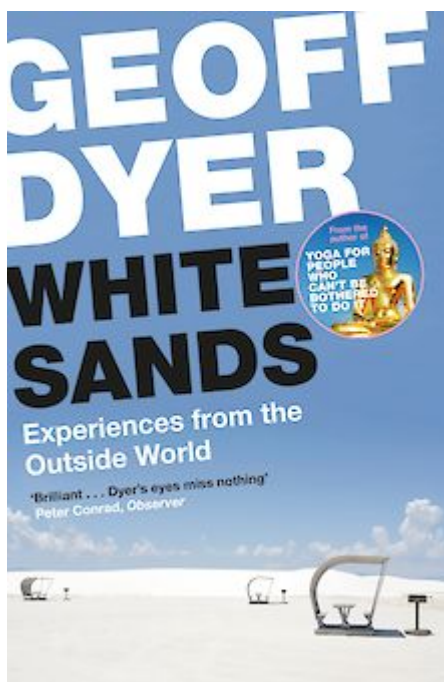
ABOUT THE AUTHOR

Odafe Atogun was born in Nigeria, in the town of Lokoja, where the Rivers Niger and Benue meet, but hails from Edo State. Now a full-time writer, he is married and lives in Abuja.

White Sands

Experiences from the Outside World

GEOFF DYER



RELEASE DATE: 6 APRIL 2017

PAPERBACK

9781782117421

£15.00

*In the spirit of *Yoga For People Who Can't Be Bothered To Do It*, his bestselling book about travel, Geoff Dyer is back on the road.*

SHORTLISTED FOR STANFORD DOLMAN TRAVEL BOOK OF THE YEAR

From a trip to The Lightning Field in New Mexico, to chasing Gauguin's ghost in French Polynesia, *White Sands* is a creative exploration of why we travel.

Episodic, wide-ranging and funny, Geoff Dyer blends travel writing, essay, criticism and fiction with a smart and cantankerous wit that is unmatched. From one of the most original writers in Britain, this is a book for armchair travellers and procrastinating philosophers everywhere.

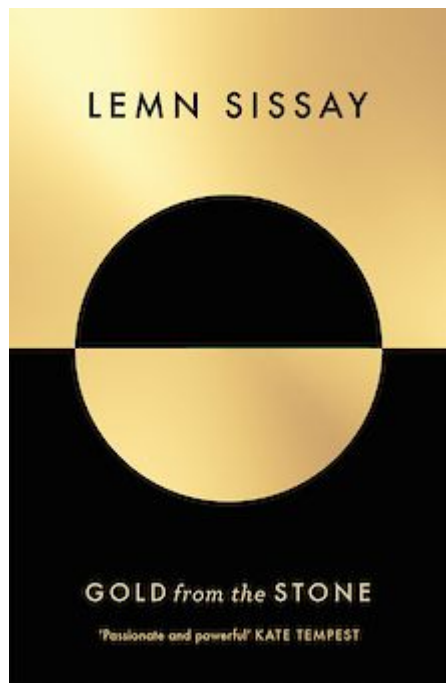
ABOUT THE AUTHOR

Geoff Dyer is the author of *Jeff in Venice*, *Death in Varanasi* and three previous novels, as well as nine non-fiction books. Dyer has won the Somerset Maugham Prize, the Bollinger Everyman Wodehouse Prize for Comic Fiction, a Lannan Literary Award, the International Center of Photography's 2006 Infinity Award for writing on photography and the American Academy of Arts and Letters' E.M. Forster Award. In 2009 he was named *GQ's* Writer of the Year. He won a National Book Critics Circle Award in 2012 and was a finalist in 1998. In 2015 he received a Windham Campbell Prize for non-fiction. His books have been translated into twenty-four languages. He currently lives in Los Angeles where he is Writer in Residence at the University of Southern California.

Gold from the Stone

New and Selected Poems

LEMN SISSAY



RELEASE DATE: 25 AUGUST 2016

HARDBACK

9781782119098

£22.00

His first book in almost a decade brings together new work and old favourites from national treasure and one of Britain's most exciting poets, Lemn Sissay

Lemn Sissay was seventeen when he wrote his first poetry book, which he hand-sold to the miners and millworkers of Wigan. Since then his poems have become landmarks, sculpted in granite and built from concrete, recorded on era-defining albums and declaimed in over thirty countries. He has performed to thousands of football fans at the FA Cup Final, to hundreds of thousands as the poet of the 2012 Olympics, and to millions across our TV screens and the airwaves of BBC Radio. He has become one of the nation's best-loved voices.

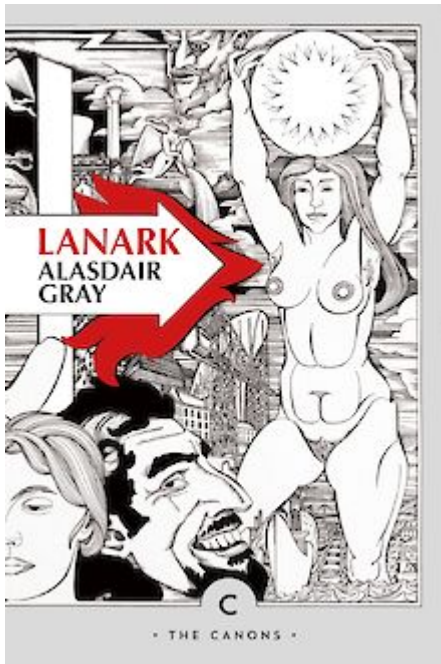
ABOUT THE AUTHOR

Lemn Sissay is an award-winning writer and popular broadcaster as well as being the author of five poetry books. He was made an Honorary Doctor of Letters by the University of Huddersfield and the University of Manchester. He was awarded an MBE by the Queen for services to literature. He was the official poet for the London 2012 Olympics. He has worked throughout the world and is patron of the Letterbox Club, supporting children in care. His work in the Arctic has featured at the Royal Academy and in galleries throughout the world. His Landmark poems can be found in London, Manchester, Huddersfield and Addis Ababa. In 2015 he was appointed Chancellor of the University of Manchester. He is British and Ethiopian.

Lanark

A Life in Four Books

ALASDAIR GRAY



RELEASE DATE: 1 SEPTEMBER 2016

Canons Edition Re-Issue

PAPERBACK

9781782117148

£15.00

'The best Scottish novelist since Sir Walter Scott'
ANTHONY BURGESS *This cornerstone epic is now available as a beautiful canon with an introduction by William Boyd*

'Probably the greatest novel of the century' *Observer*

'Remarkable ... A work of loving and vivid imagination, yielding copious riches' **WILLIAM BOYD**

Lanark, a modern vision of hell, is set in the disintegrating cities of Unthank and Glasgow, and tells the interwoven stories of Lanark and Duncan Thaw. A work of extraordinary imagination and wide range, its playful narrative techniques convey a profound message, both personal and political, about humankind's inability to love, and yet our compulsion to go on trying.

First published in 1981, *Lanark* immediately established Gray as one of Britain's leading writers.

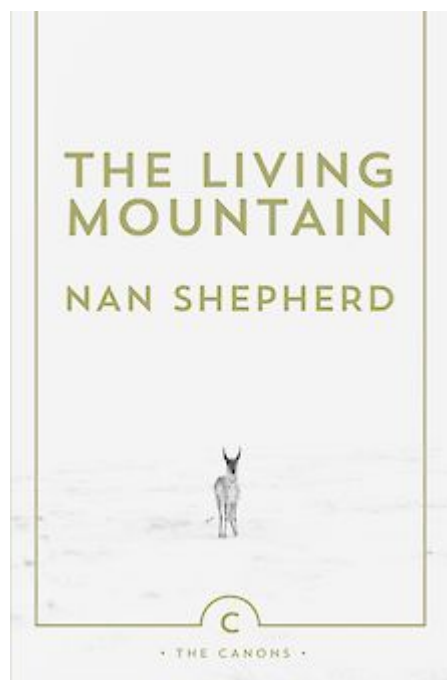
ABOUT THE AUTHOR

Since 1981, when *Lanark* was published by Canongate, Alasdair Gray has published twenty books, most of them novels and short stories. In his own words, 'Alasdair Gray is a fat, spectacled, balding, increasingly old Glaswegian pedestrian who has mainly lived by writing and designing books, most of them fiction.'

The Living Mountain

A Celebration of the Cairngorm Mountains of Scotland

NAN SHEPHERD



RELEASE DATE: 18 AUGUST 2011

Canons Imprint Re-issue

PAPERBACK

9780857861832

£8.99

Introduced by Robert Macfarlane

In this masterpiece of nature writing, Nan Shepherd describes her journeys into the Cairngorm mountains of Scotland. There she encounters a world that can be breathtakingly beautiful at times and shockingly harsh at others. Her intense, poetic prose explores and records the rocks, rivers, creatures and hidden aspects of this remarkable landscape.

Shepherd spent a lifetime in search of the 'essential nature' of the Cairngorms; her quest led her to write this classic meditation on the magnificence of mountains, and on our imaginative relationship with the wild world around us. Composed during the Second World War, the manuscript of *The Living Mountain* lay untouched for more than thirty years before it was finally published.

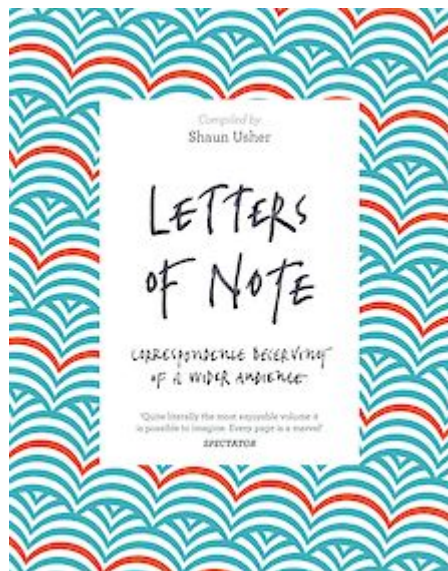
ABOUT THE AUTHOR

Anna (Nan) Shepherd was born in 1893 and died in 1981. Closely attached to Aberdeen and her native Deeside, she graduated from her home university in 1915 and for the next forty-one years worked as a lecturer in English. An enthusiastic gardener and hill-walker, she made many visits to the Cairngorms with students and friends. She also travelled further afield - to Norway, France, Italy, Greece and South Africa - but always returned to the house where she was raised and where she lived almost all of her adult life, in the village of West Cults, three miles from Aberdeen on North Deeside. Robert Macfarlane's *Mountains of the Mind: A History of a Fascination* (2003), won the Guardian First Book Award, the Somerset Maugham Award, and the Sunday Times Young Writer of the Year Award. Robert Macfarlane is a Fellow of Emmanuel College, Cambridge. He lives in Cambridge with his family.

Letters of Note

Correspondence Deserving of a Wider Audience

COMPILED BY SHAUN USHER



RELEASE DATE: 6 OCTOBER 2016

PAPERBACK

9781782119289

£19.00

The paperback edition of this delightful and internationally bestselling collection of letters, to coincide with the Autumn run of Letters Live

Letters of Note is a collection of over one hundred of the world's most entertaining, inspiring and unusual letters, based on the seismically popular website of the same name - an online museum of correspondence visited by over 70 million people. From Virginia Woolf's heart-breaking suicide letter, to Queen Elizabeth II's recipe for drop scones sent to President Eisenhower; from the first recorded use of the expression 'OMG' in a letter to Winston Churchill, to Gandhi's appeal for calm to Hitler; and from Iggy Pop's beautiful letter of advice to a troubled young fan, to Leonardo da Vinci's remarkable job application letter, *Letters of Note* is a celebration of the power of written correspondence which captures the humour, seriousness, sadness and brilliance that make up all of our lives.

ABOUT THE AUTHOR

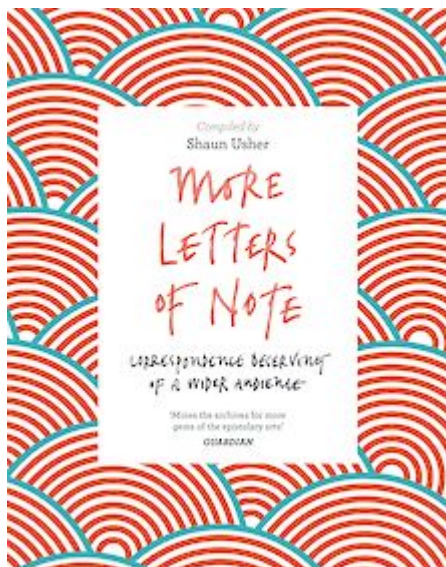
Shaun Usher is a writer and sole custodian of the popular blogs www.lettersofnote.com and www.listsofnote.com. He has transformed both blogs into bestselling books, crowd-funded by Unbound and jointly published by Unbound and Canongate. He lives in Wilmslow with his wife Karina and their two sons. He is the author of the bestselling *Letters of Note*, *More Letters of Note* and *Lists of Note*.

www.lettersofnote.com www.shaunusher.com Follow @LettersOfNote on Twitter

More Letters of Note

Correspondence Deserving of a Wider Audience

COMPILED BY SHAUN USHER



RELEASE DATE: 5 OCTOBER 2017

PAPERBACK

9781786891693

£17.99

The follow-up to the phenomenal international bestseller, Letters of Note

FOLLOW-UP TO THE PHENOMENAL INTERNATIONAL BESTSELLER

INCLUDING LETTERS FROM:

Jane Austen, Richard Burton, Helen Keller, Alan Turing, Albus Dumbledore, Eleanor Roosevelt, Henry James, Sylvia Plath, John Lennon, Gerald Durrell, Janis Joplin, Mozart, Janis Joplin, Hunter S. Thompson, C. G. Jung, Katherine Mansfield, Marge Simpson, David Bowie, Dorothy Parker, Buckminster Fuller, Beatrix Potter, Che Guevara, Evelyn Waugh, Charlotte Brontë and many more.

Discover Richard Burton's farewell note to Elizabeth Taylor, Helen Keller's letter to The New York Symphony Orchestra about 'hearing' their concert through her fingers, the final missives from a doomed Japan Airlines flight in 1985, David Bowie's response to his first piece of fan mail from America and even Albus Dumbledore writing to a reader applying for the position of Defence Against the Dark Arts Professor at Hogwarts.

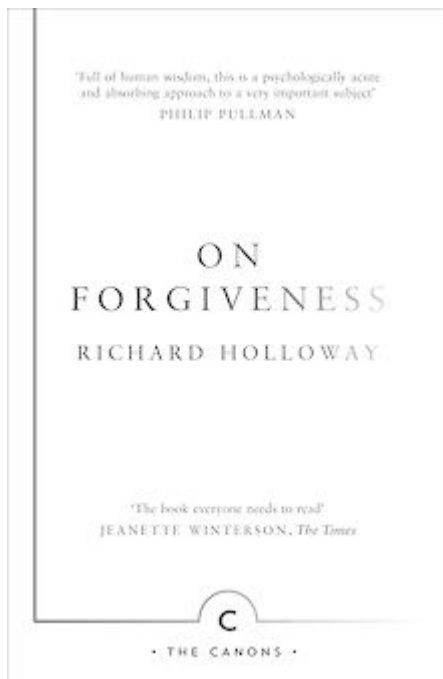
More Letters of Note is another rich and inspiring collection, which reminds us that much of what matters in our lives finds its way into our letters.

ABOUT THE AUTHOR

Shaun Usher is a writer and sole custodian of the popular blogs lettersofnote.com and listsofnote.com. He has transformed both blogs into bestselling books, crowd-funded by Unbound and jointly published by Unbound and Canongate. He lives in Wilmslow with his wife Karina and their two sons. He is the author of the bestselling *Letters of Note*, *More Letters of Note* and *Lists of Note*. Along with Simon Garfield's *To the Letter*, *Letters of Note* inspired Letters Live, a series of live performances celebrating the enduring power of literary correspondence, with great performers reading remarkable letters to a live audience. www.lettersofnote.com | www.shaunusher.com | www.letterslive.com | @LettersOfNote

On Forgiveness *How Can We Forgive the Unforgivable?*

RICHARD HOLLOWAY



RELEASE DATE: 15 JANUARY 2015

Canons Edition

PAPERBACK

9781782116288

£14.00

'The book everyone needs to read' JEANETTE WINTERSON, *The Times*

'Full of human wisdom, this is a psychologically acute and absorbing approach to a very important subject' PHILIP PULLMAN

In this inspiring work, Richard Holloway tackles the great theme of forgiveness. One of the most important books on this essential topic, *On Forgiveness* draws on the great philosophers and writers such as Frederick Nietzsche, Jacques Derrida and Nelson Mandela. Both timely and a timeless modern classic, *On Forgiveness* is a pertinent and fascinating discourse on how forgiveness works, where it came from and how the need to embrace it is greater than ever if we are to free ourselves from the binds of the past.

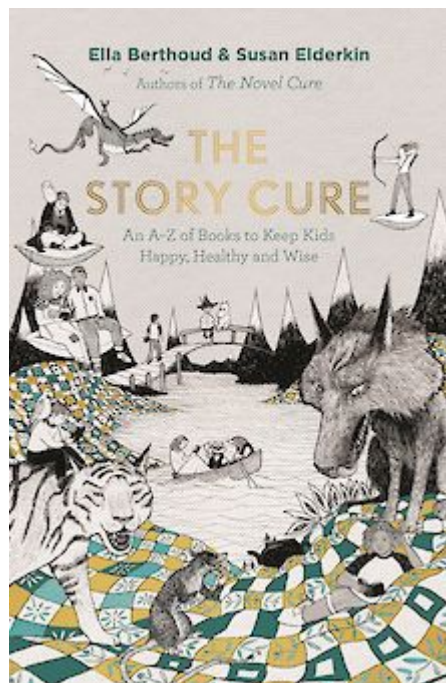
ABOUT THE AUTHOR

Richard Holloway was Bishop of Edinburgh and Primus of the Scottish Episcopal Church. A former Gresham Professor of Divinity and Chairman of the Joint Board of the Scottish Arts Council and Scottish Screen, he is a fellow of the Royal Society of Edinburgh. His books include *On Forgiveness*, *Looking in the Distance*, *Godless Morality*, *Doubts and Loves*, *Between the Monster and the Saint* and *Leaving Alexandria*, which won the PEN/Ackerley Prize 2013 and was shortlisted for the Orwell Prize 2013. Richard Holloway has written for many newspapers in Britain, including *The Times*, *Guardian*, *Observer*, *Herald* and the *Scotsman*. He has also presented many series for BBC television and radio.

The Story Cure

An A-Z of Books to Keep Kids Happy, Healthy and Wise

ELLA BERTHOUD & SUSAN ELDERKIN



RELEASE DATE: 27 OCTOBER 2016

HARDBACK

9781782115274

£21.00

A literary first aid kit of book recommendations for children of all ages from the authors of The Novel Cure

Mumsnet 'Best Books for Christmas 2016'

From tantrums to tummy aches to teenage mood swings, there are times when a book is the best medicine of all. *The Story Cure* is a manual for grown-ups who believe that the stories which shape children's lives should not be left to chance.

In these pages bibliotherapists Ella and Susan recommend the perfect children's book - from picture books to YA novels via the golden world of chapter books - for every hiccup and heartache. Whether the young child you know is being bullied, the toddler can't sleep, or the teenager has fallen in love for the first time - or just doesn't know what to read next - the right story will help them feel themselves again. Packed full of helpful lists of the best books to read when turning ten or going through a spy/horse/superhero phase, you'll find old favourites such as *The Borrowers* and *The Secret Garden* alongside modern classics by MT Anderson, Malorie Blackman and Frank Cottrell Boyce. *The Story Cure* is the perfect companion for initiating young readers into one of life's greatest pleasures.

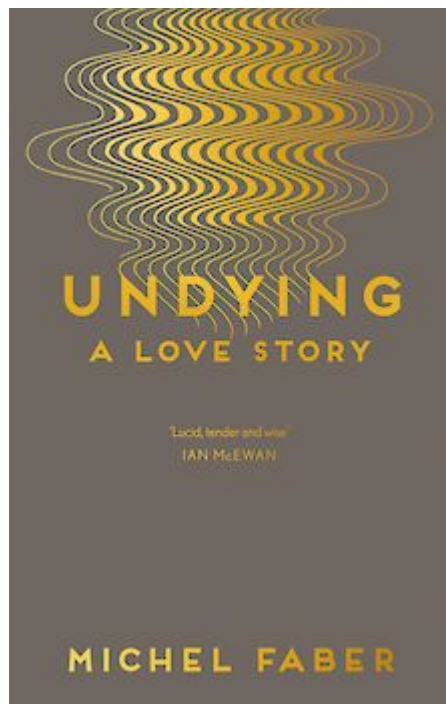
ABOUT THE AUTHOR

Ella Berthoud and Susan Elderkin met as English Literature students at Cambridge University, where they began giving novels to each other whenever one of them seemed in need of a boost. Ella went on to study fine art and become a painter and art teacher. Susan became a novelist and journalist. In 2008 they set up a bibliotherapy service through The School of Life in London, and since then have been prescribing books either virtually or in person to clients all over the world. With four children, two husbands, various cats, dogs, mice and tortoises (some of them imaginary) between them, they created their first book, *The Novel Cure*, together in 2013.

Undying

A Love Story

MICHEL FABER



RELEASE DATE: 7 JULY 2016

HARDBACK

9781782118541

£22.00

'Michel Faber addressed these love poems to his wife after her death. They are lucid, tender and wise, and they pulse with this fine writer's intelligence' – Ian McEwan

How can you say goodbye to the love of your life?

In *Undying* Michel Faber honours the memory of his wife, who died after a six-year battle with cancer. Bright, tragic and candid, these poems are an exceptional chronicle of what it means to find the love of your life. And what it is like to have to say goodbye.

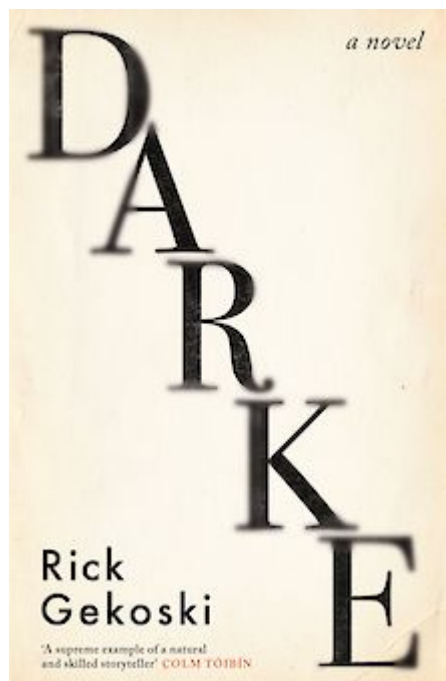
*All I can do, in what remains of my brief time,
is mention, to whoever cares to listen,
that a woman once existed, who was kind
and beautiful and brave, and I will not forget
how the world was altered, beyond recognition,
when we met.*

ABOUT THE AUTHOR

Michel Faber has written nine other books. In addition to the Whitbread-shortlisted *Under the Skin*, he is the author of the highly acclaimed *The Crimson Petal and the White*, and most recently *The Book of Strange New Things*, which was shortlisted for the Arthur C. Clarke Award and won the Saltire Book of the Year Award 2015. Born in Holland, brought up in Australia, he now lives in the UK. This is his first poetry collection.

Darke

RICK GEKOSKI



RELEASE DATE: 2 FEBRUARY 2017

HARDBACK

9781782119364

£16.99

A daringly entertaining debut novel by a seventy-two year old about the nature of a good life and a good death

Dr James Darke has expelled himself from the world. He writes compulsively in his 'coming of old age' journal; he eats little, drinks and smokes a lot. Meditating on what he has lost - the loves of his life, both dead and alive - he tries to console himself with the wisdom of the great thinkers and poets, yet finds nothing but disappointment. But cracks of light appear in his carefully managed darkness; he begins to emerge from his self-imposed exile, drawn by the tender, bruised filaments of love for his daughter and grandson. Rich in ideas and feeling, Rick Gekoski's debut novel is provocative and timely. With scalding prose, ruthless intelligence and an unforgettably vivid protagonist, it faces some of the greatest, most uncomfortable questions about how we choose to live, and how to die.

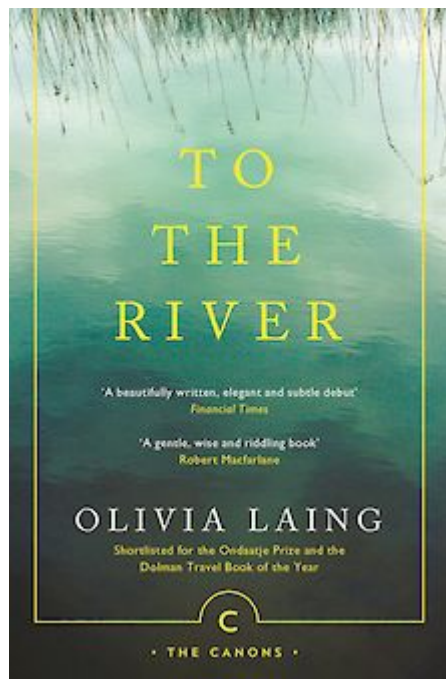
ABOUT THE AUTHOR

Rick Gekoski is a writer, rare-book dealer and academic. He has written several widely praised non-fiction books including *Staying Up*, *Tolkien's Gown*, *Outside of a Dog* and *Lost, Stolen or Shredded*. This is his first novel. In 2005 he was one of the judges for the Man Booker Prize, and was then Chair of the judges for the Man Booker International Prize 2011. He teaches creative non-fiction for the Arvon Foundation, and sits on their Development Board. In 2010 he was elected a Trustee of English PEN.

To the River

A Journey Beneath the Surface

OLIVIA LAING



RELEASE DATE: 5 OCTOBER 2017

Canons Edition

PAPERBACK

9781786891587

£9.99

An odyssey along the banks of the River Ouse, from source to sea; a profound and haunting reflection on history and landscape by one of the most important writers of modern non-fiction

Over sixty years after Virginia Woolf drowned in the River Ouse, Olivia Laing set out one midsummer morning to walk its banks, from source to sea. Along the way, she explores the roles that rivers play in human lives, tracing their intricate flow through literature, mythology and folklore.

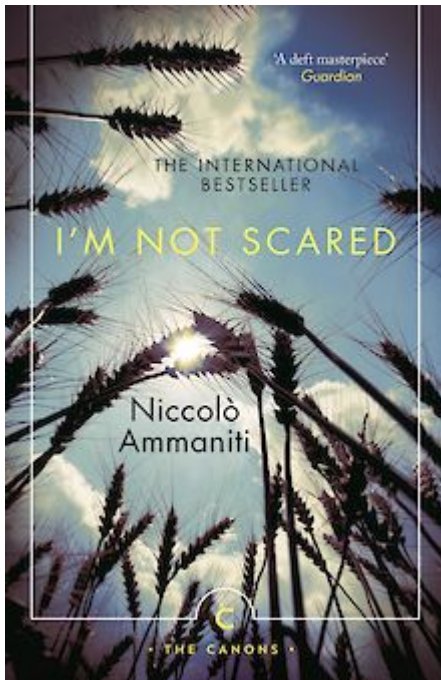
Lyrical and stirring, *To the River* is a passionate investigation into how history resides in a landscape - and how ghosts never quite leave the places they love.

ABOUT THE AUTHOR

Olivia Laing is a widely acclaimed writer and critic. Her work appears in numerous publications, including the *Guardian*, *Observer*, *New Statesman*, *Frieze* and *New York Times*. She's a Yaddo and MacDowell Fellow and was 2014 Eccles Writer in Residence at the British Library. *To the River* was shortlisted for the Royal Society of Literature Ondaatje Prize and the Dolman Travel Book of the Year. Her second book, *The Trip to Echo Spring* was shortlisted for the 2013 Costa Biography Award and the 2014 Gordon Burn Prize, and *The Lonely City* has been shortlisted for the 2016 Gordon Burn Prize. She lives in Cambridge.

I'm Not Scared

NICCOLÒ AMMANITI



RELEASE DATE: 16 JUNE 2016

Canons Edition

PAPERBACK

9781782117155

£8.99

'A deft masterpiece with never a false note' – Guardian

One relentlessly hot summer, six children explore the scorched wheat fields that enclose their tiny Italian village. When the gang find a dilapidated farmhouse, nine-year-old Michele Amitrano makes a discovery so momentous that he dare not tell a soul. It is a secret that will force Michele to question everything and everyone around him, and will bring his innocent world toppling down.

An unputdownable thriller, *I'm Not Scared* has become a contemporary classic in Italian literature, read and celebrated the world over.

ABOUT THE AUTHOR

Niccolò Ammaniti was born in Rome in 1966. He is the author of seven novels and two short-story collections. Several of his novels have been adapted for film, including *Steal You Away*, which was longlisted for the Independent Foreign Fiction Prize, *The Crossroads*, winner of the Premio Strega Prize 2007, and the international bestseller *I'm Not Scared*, which won the prestigious Italian Viareggio-Repaci Prize for Fiction and has been translated into thirty-five languages. Translated from the Italian by Jonathan Hunt. Hunt divides his time between Italy and Britain. His translations include Niccolò Ammaniti's *The Crossroads* and *Steal You Away*, Nicolai Lilin's *Siberian Education*, Luca Rastello's *I Am the Market*, and Giorgio Vasta's *Time on My Hands*.

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